

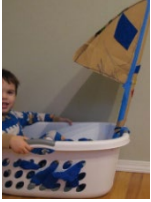


# Preschool – Learning from Home – Week 5

These suggested activities can be used to learn while playing at home. You do not need to do all the activities or worksheets, just do your best! You can contact Mrs Donaldson and Miss Jess on SeeSaw to share the learning happening at home and to ask any questions.



<p><b>Gross Motor (L.O 3.1, 3.2)</b> Online Pilates – Pilates for Kids <a href="https://www.youtube.com/watch?v=CQkpMpnQE4Y">https://www.youtube.com/watch?v=CQkpMpnQE4Y</a></p> <p><b>Literacy (L.O 2.4, 4.1, 4.4)</b> The Gingerbread Man – story of the Gingerbread Man animated <a href="https://www.youtube.com/watch?v=pckuS--UIV4">https://www.youtube.com/watch?v=pckuS--UIV4</a></p>	<p><b>Environmental Sustainability(L.O 2.4, 4.4)</b> <b>Bottled Sand Timers</b></p> <p>Gather 2 empty plastic bottles and remove the cap. Fill one empty plastic bottle with sand or dirt about ¾ full. Place the other bottle on top of the filled bottle and tape both lid areas together. Now use the bottle sand timer to see how many star jumps you can do until it runs out.</p> 	<p><b>Creative Art (L.O 4.1, 4.4, 5.1)</b> <b>Tape Art</b></p> <p>Use masking tape on paper or cardboard to create a design. Use crayons or paint to colour in. Once coloured, peel off tape to reveal a pattern design.</p> 	<p><b>Dramatic Play (L.O 3.1, 3.2, 4.3)</b> <b>Sailor boat</b></p> <p>Provide a laundry basket or ice box. Attach a cut out triangle to the end of one boat. Have your child sit inside and pull the basket around with a blanket or cloth underneath. Make a sailor hat to go with it.</p> 	<p><b>Creative Arts (L.O 1.2, 4.1, 4.3)</b> <b>Ice Paints</b></p> <p>Provide an ice cube tray, water, food colouring and toothpicks Instructions: 1.Fill ice cube tray with water and add a small drop of food colouring to each cube 2.Place 2 to 3 toothpicks in each cube tray and mix. Leave toothpicks inside 3. Freeze overnight. Once set take out to use on paper to paint.</p>
<p><b>Cooking (L.O 1.4, 4.4)</b> <b>Broccoli Cheese Cups</b></p> <p><b>Ingredients:</b> 3 cups cooked and chopped broccoli, 1 large egg, 12 Ritz crackers (crushed), ½ tsp garlic powder, ½ tsp salt, 1 cup of cheese <b>Instructions:</b> 1.Preheat oven to 375 degrees. Mix well all the ingredients together. 2.Grease mini muffin tin and evenly distribute the mixture into about 16 of your muffin tin cups. 3.Use a spoon to flatten each mixture so that it's well compacted. Add more cheese on the top and bake for 14-16 minutes or until cheese is brown. 4. Cool down for 5 minutes then serve alone or with tomato sauce.</p>	<p><b>Sensory(L.O 4.1, 4.3)</b> <b>Taste Safe Slime</b></p> <p><b>Ingredients:</b> ¼ cup chia seeds, 1 ¾ cups water, food colouring, 3-4 cups corn starch <b>Instructions:</b> 1.Mix chia seeds, water, food colouring of choice together. 2.Cover and refrigerate overnight 3.Uncover and add 1 cup of corn starch little by little. Mix well until it feels like slime.</p>	<p><b>Science Experiment (L.O 1.4, 4.1)</b> <b>Lemon Volcano</b></p> <ol style="list-style-type: none"> <li>Cut the lemon in half.</li> <li>Use your fingers or popsicle stick to squish and squash the lemon pulp to release lemon juice.</li> <li>Create a hole inside the lemon with the lemon juice.</li> <li>Pour baking soda inside the lemon and watch as it bubbles and erupts like a volcano.</li> </ol>	<p><b>Numeracy and Movement (L.O .1, 5.2, 5.5)</b> Online counting 1-20 <a href="https://www.youtube.com/watch?v=By2hmo323xM">https://www.youtube.com/watch?v=By2hmo323xM</a> <a href="https://www.youtube.com/watch?v=MVzXKfr6e8">https://www.youtube.com/watch?v=MVzXKfr6e8</a></p>	
<p><b>Construction (L.O 4.1, 4.2, 4.3)</b> <b>Create a box city</b></p> <p>Collect boxes from around the house – cereal boxes, tissue boxes, etc... and decorate it to create your own box city.</p>	<p><b>Sensory(L.O 1.3, 4.1, 4.4)</b> <b>Nature Ice Play</b></p> <p>Collect different flowers and leaves. Fill an ice cube tray with water and add in the collected items. Freeze overnight. Once set, take out and place onto the tray to feel and touch.</p>	<p><b>Sensory (L.O 1.3, 4.2, 4.3)</b> <b>Number writing 1- 10</b></p> <p>Pour salt into a flat tray or plate. Use your finger to write each number starting from number 1. (You can write numbers 1 to 10 on a paper and place it beside the tray)</p>	<p><b>Fine Motor (L.O 1.2, 1.3, 4.3, 4.4)</b> <b>Tong Challenge</b></p> <p>Provide tongs. Fill a plate with different items. Use the tongs to pick up the items and transfer it onto another tray.</p>	<p><b>Creative Arts (L.O 2.4, 4.1)</b> <b>Armband Cuffs</b></p> <p>Provide paper rolls and cut a line down the roll. Using stickers, crayons, colouring pencils, textas to create a watch or superhero cuffs.</p>

# Preschool – Learning from Home – Week 6



These suggested activities can be used to learn while playing at home. You do not need to do all the activities or worksheets, just do your best! You can contact Mrs Donaldson and Miss Jess on SeeSaw to share the learning happening at home and to ask any questions.

<p><b><u>Dramatic Play (L.O 3.1, 3.2, 4.3)</u></b> Hallway Ninja</p> <p>Use streamers or ropes and stick them to the side of the wall creating a maze. Work with your child to move through without falling.</p> 	<p><b><u>Construction (L.O 4.1, 4.2)</u></b></p> <p>Use Lego or blocks to build a tower as high as you can. When it falls over try and build it a different way.</p> 	<p><b><u>Sensory (L.O 1.4, 2.1, 3.2)</u></b></p> <p>Guess what is in the bag</p> <p>Put some items in a pillowcase (choose a variety like soft toys, drink bottles, plates, beads, bottle lids, flowers). Have the children close their eyes and guess what is in the bag.</p> <p>One way of extending on their learning would be to get them to describe what it feels like before they pull it out of the pillowcase.</p>	<p><b><u>Fine Motor (L.O 1.2, 4.1, 5.4)</u></b></p> <p>Pasta threading</p> <p>Provide a bag of penne pasta in a bowl. Use a string to thread the pasta through to create a necklace or bracelet or both.</p> 	<p><b><u>Music and Movement (L.O 1.4, 2.3, 4.3)</u></b></p> <p>Freeze</p> <p>Play some music, have everyone start to dance. One person turns the music off and everyone freezes. The person who takes to longest to move wins!</p>
<p><b><u>Gross Motor (L.O 3.1, 3.2)</u></b></p> <p>Practice throwing and catching using a large ball or beanbag. How many times can you throw the ball back and forth without dropping it?</p> 	<p><b><u>Gross Motor (L.O 4.3, 5.3)</u></b></p> <p>Paper Plate Skating: Grab a couple plates, step on them and skate around the house!</p> 	<p><b><u>Sensory (L.O 4.1, 4.4, 5.1)</u></b></p> <p>Playdough.</p> <p>Add some gems/ sequence/ pebbles/ rice/beads to the playdough. Have the children pull all the different things out of the playdough.</p> 	<p><b><u>Cooking (L.O 3.2, 4.3)</u></b></p> <p><b><u>Ingredients:</u></b> 2 1/4 cups self-raising flour, 3/4 cup caster sugar, 1 egg, 1/2 cup, vegetable oil, 3/4 cup milk.</p> <p><b><u>Instructions:</u></b></p> <ol style="list-style-type: none"> <li>1.Preheat oven to 190C (170C fan-forced). Lightly grease a 12 hole, 1/3 cup capacity non-stick muffin pan.</li> <li>2.Sift flour into a large bowl. Stir in sugar. Make a well in the centre. Combine egg, oil and milk in a jug. Pour milk mixture into the well. Using a large metal spoon, stir until just combined.</li> <li>3 Spoon mixture into muffin holes. Bake for 20 minutes or until a skewer inserted into the centre comes out clean. Stand in pan for 2 minutes before turning out onto a wire rack to cool.</li> </ol>	
<p><b><u>Creative Arts (L.O 1.4, 4.4, 5.1)</u></b></p> <p>Supplies needed: Dish soap, paint, cups, straws and paper. Mix half a cup of water with a generous squirt of both dish soap and paint.</p> <p>Lay your sheet of paper over the top of the bubbles to create the imprint. Repeat over and over and over again with different coloured bubbles.</p> 	<p><b><u>Fine Motor (L.O 1.3, 4.1)</u></b></p> <p>Shape drawing</p> <p>Provide paper and coloured pencils. Go around the house and collect different objects of different shapes. Trace them onto the paper, creating a shape collage.</p> 	<p><b><u>Creative Arts (L.O 4.1, 4.4)</u></b></p> <p>Family Photo</p> <p>Use the camera on your device to take a photo of yourself and your family. Use the drawing tools to decorate your photo. Tap on the microphone to tell me about your photo.</p> 	<p><b><u>Science Experiment (L.O 1.1, 4.2, 4.4)</u></b></p> <p>Clouds</p> <p>To make our rain cloud in a jar, we need a few simple items: Food coloring, water, large cup, shaving cream, droppers</p> <p>First, mix a few drops of food coloring into some water and set it aside. This serves as our "rain."</p> <p>Filled a glass jar about 3/4 of the way full with cool water. Then put shaving cream to fill the remainder of the jar.</p> <p>Drop the coloured water onto the shaving cream and watch what it does.</p> <p><a href="https://www.youtube.com/watch?v=x4GePPTUAjI">https://www.youtube.com/watch?v=x4GePPTUAjI</a></p>	

## Preschool Activity Booklet 3

### Activity 1 (Outcome 3.2, 4.4, 5.1)

#### Banana Bread

##### Ingredients:

- 2 bananas
- 1 ½ cups of self-raising flour
- ½ cup of plain flour
- ½ cup of brown sugar
- 2 eggs
- ½ cup of milk
- 50g of softened butter

##### Instructions:

1. Preheat oven to 180 degrees.
2. In a large mixing bowl, add all dry ingredients and mix well.
3. Mash the bananas with a fork in a separate bowl.
4. Add the milk, butter, eggs and bananas and keep mixing.
5. Place mixture into a greased loaf pan.
6. Cook for 40-45 minutes.
7. Cool down for about 10 minutes and then serve to eat.



### Activity 2 (Outcome 4.1, 4.2, 5.4)

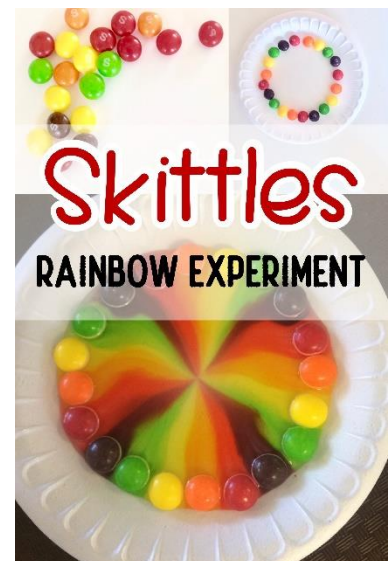
#### Rainbow Skittles Science Experiment

##### What you will need:

- Skittles
- plate
- warm water

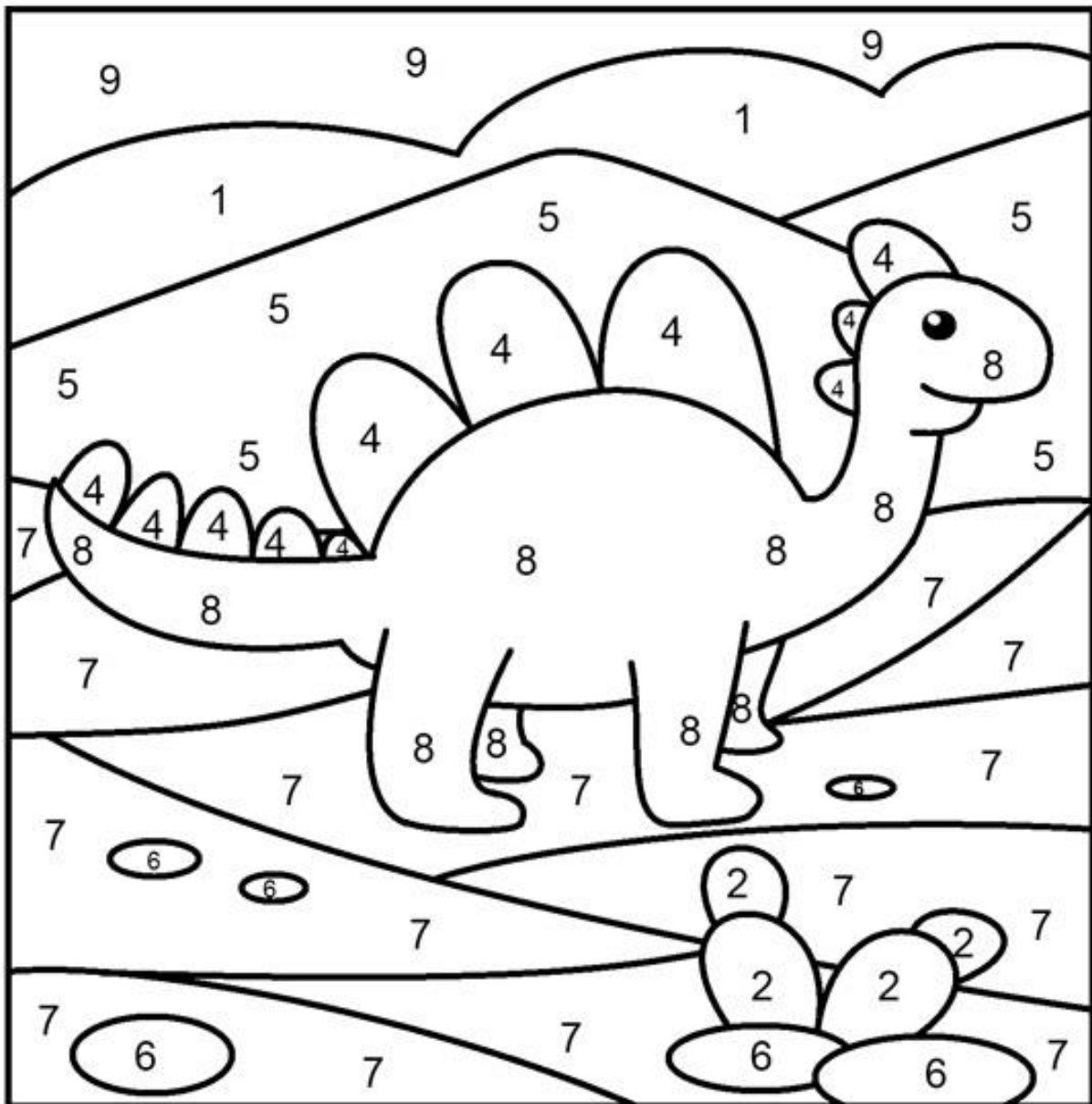
##### Instructions:

1. Place the Skittles in a circle on the outskirts of your plate.
2. Slowly pour water into the centre of the plate until it just covers the bottom of the Skittles.
3. Watch the magic happens.

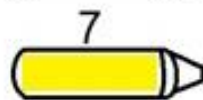
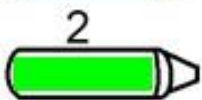
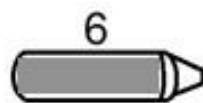
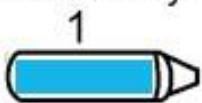


# COLOR BY NUMBER

## DINOSAUR



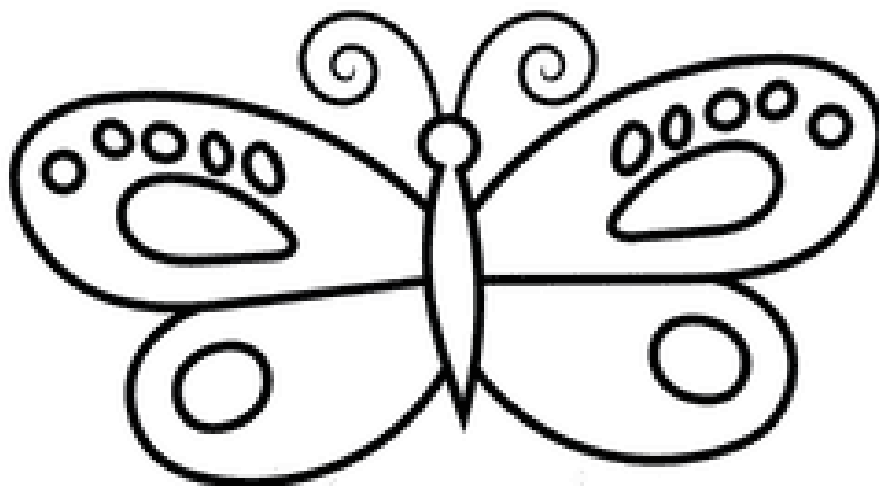
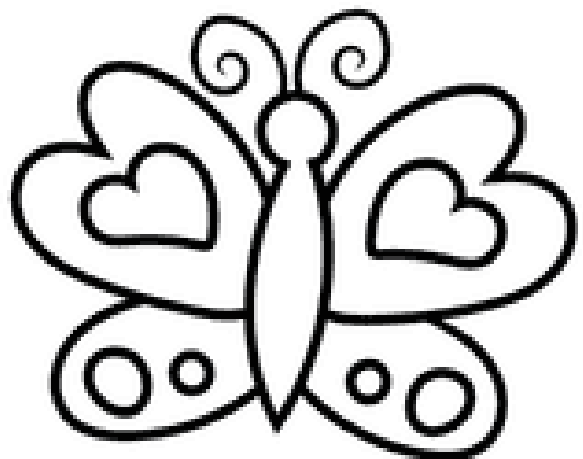
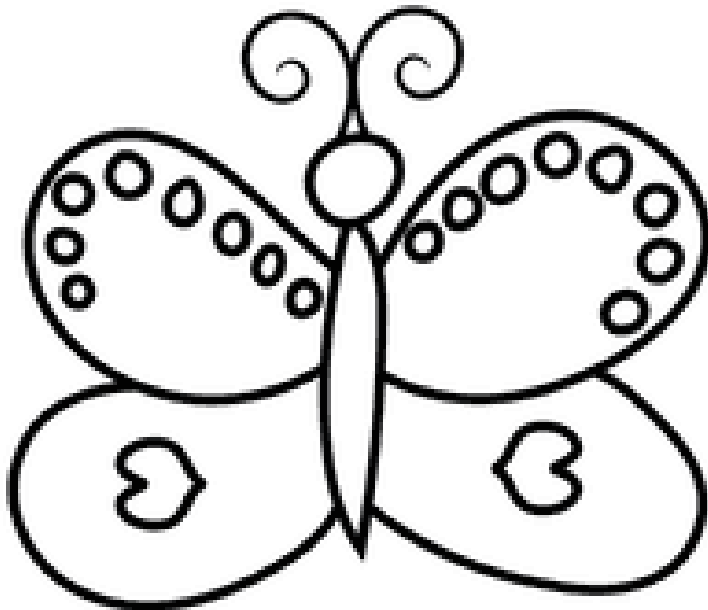
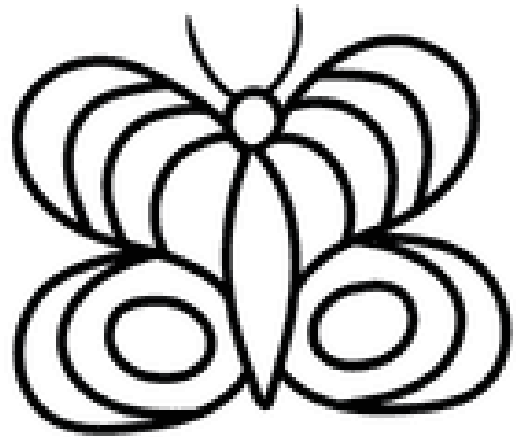
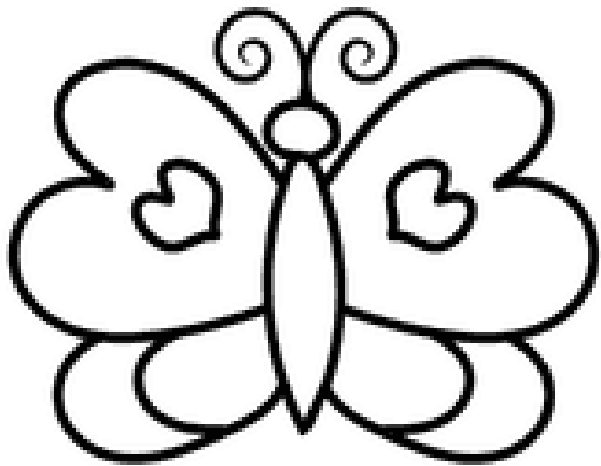
Color Key





Activity 4 (Outcome 4.1, 4.4, 5.4)

Colour in the butterflies.



*Illustration by Anna*

Activity 5 (Outcome 1.3, 4.2, 4.3)

Connect the dots from 1 to 10 to create a flower.

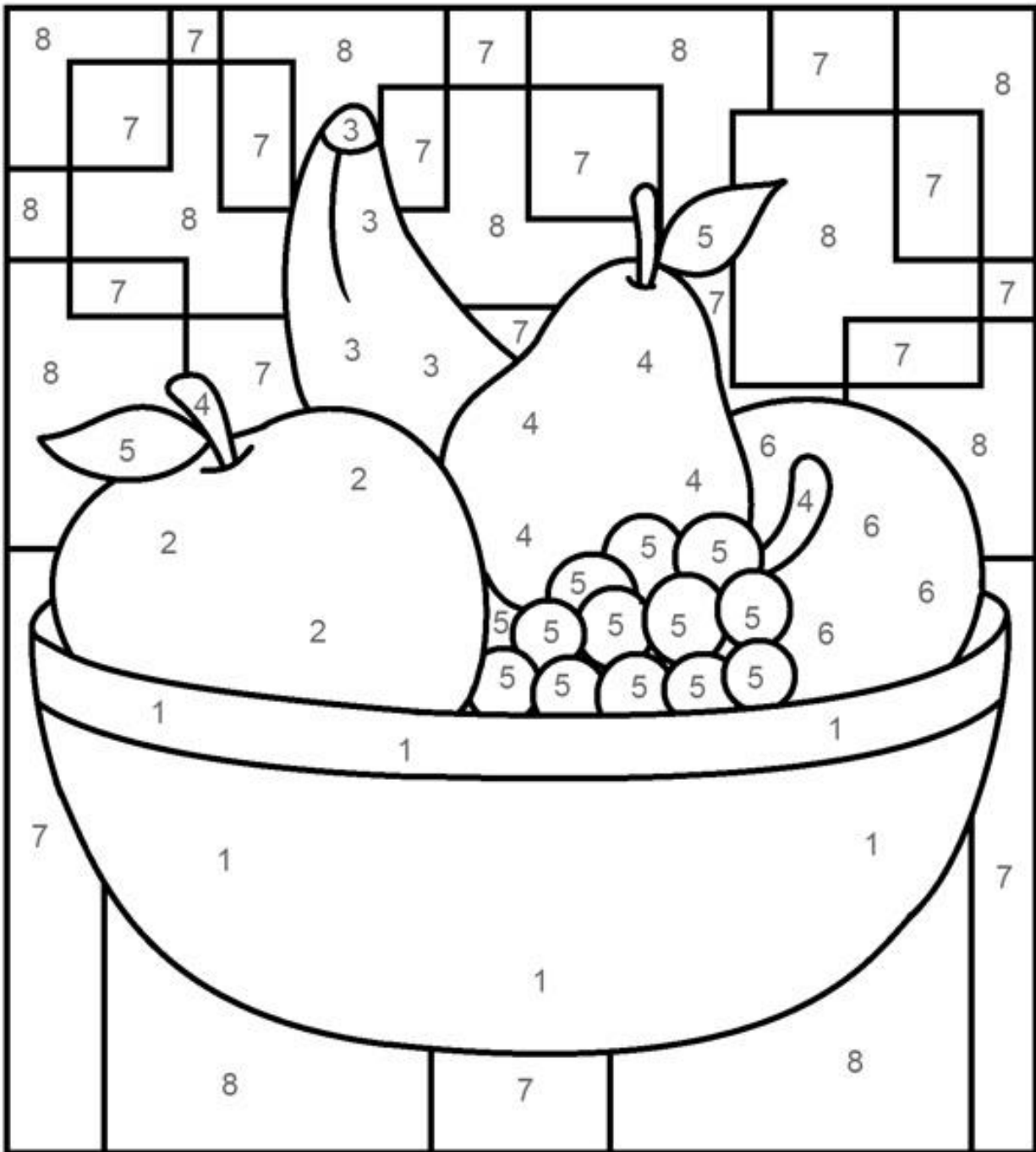


Activity 6 (Outcome 4.1, 4.4, 5.4)

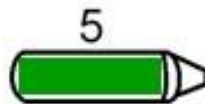
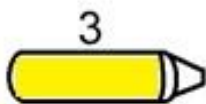
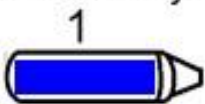
Colour in the mermaid.



# COLOR BY NUMBER FRUITS



Color Key





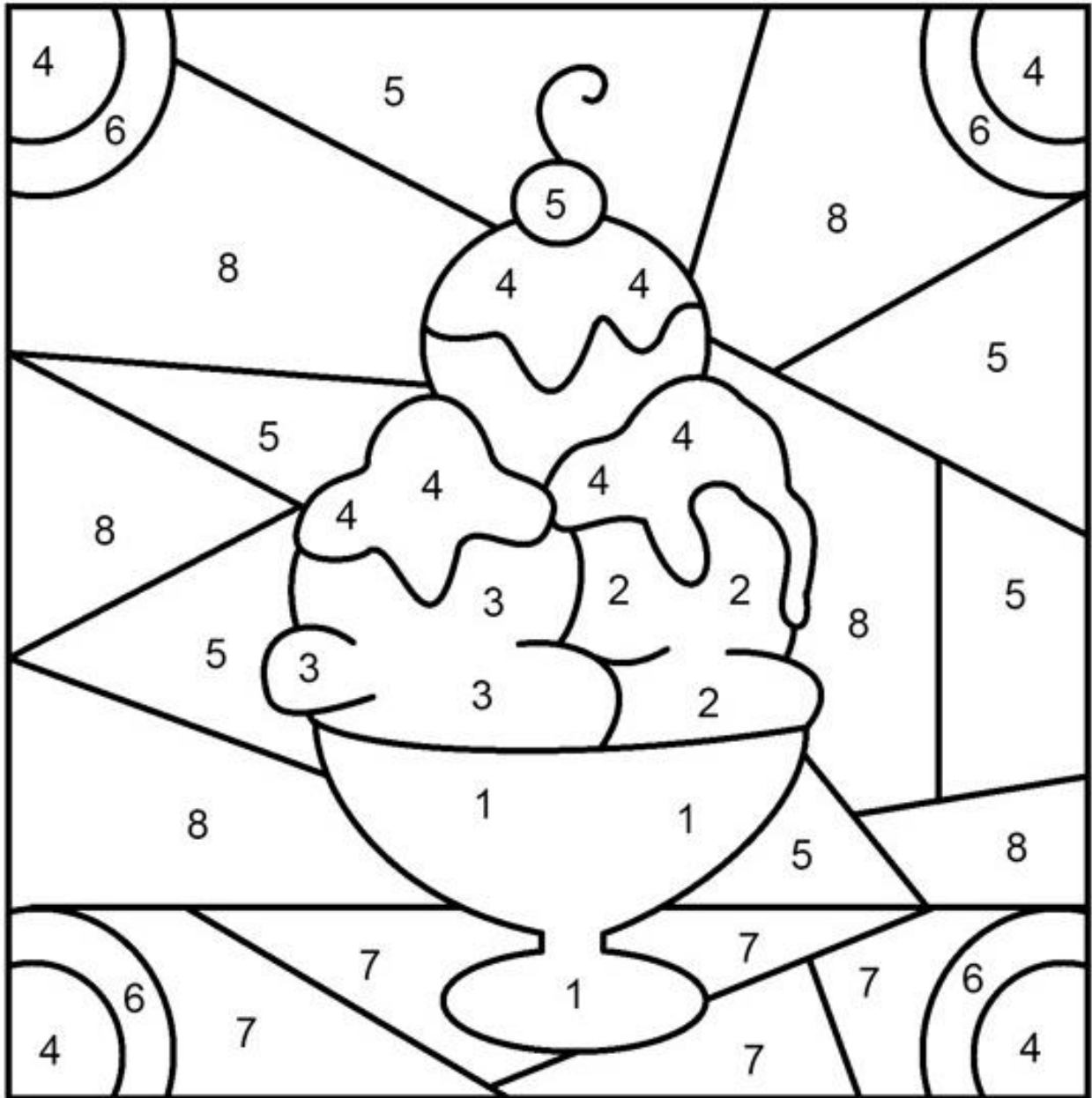
Activity 8 (Outcome 4.1, 4.4, 5.4)

Colour in the dog.

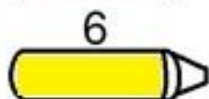


# COLOR BY NUMBER

## ICE CREAM

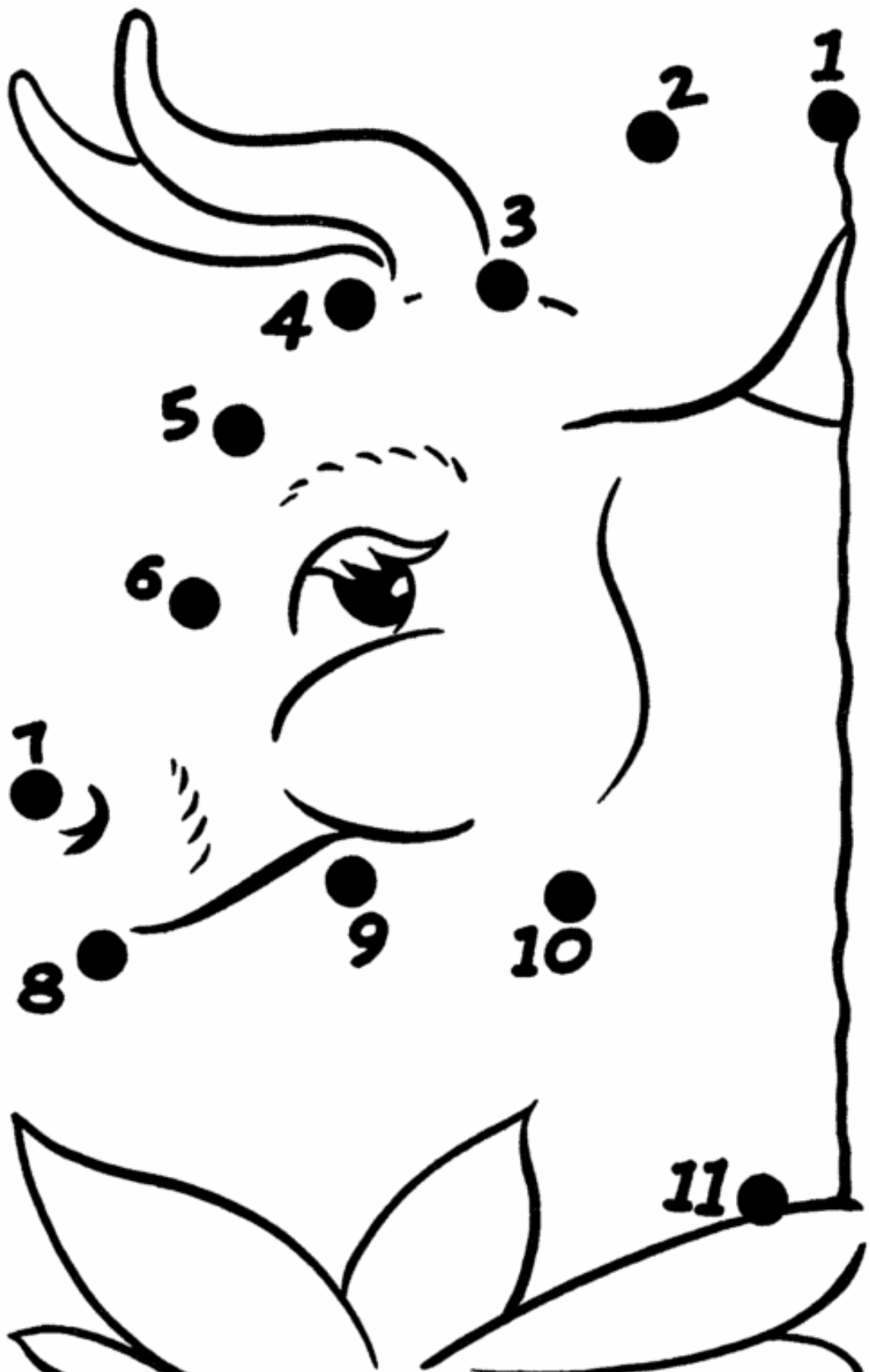


Color Key



Activity 10 (Outcome 1.3, 4.2, 4.3)

Connect the dots from 1 to 10 to create a horse.



## Preschool Activity Booklet 4

### Activity 1 (Outcome 3.2, 4.4, 5.1)

#### Berry Muffins

##### Ingredients:

- 2 cups of self-raising flour
- ¼ cups of olive oil or softened butter
- ¼ cup of sugar      - 1 cup of milk
- 1 egg                      - ½ cup of berries of your choice



##### Instructions:

1. Preheat oven to 180 degrees.
2. Place cupcake liners into the muffin tray
3. Mix all ingredients together except the berries into a mixing bowl.
4. Add berries and gently stir
5. Fill your muffin cases with the mix
6. Cook for 15-20 minutes
7. Cool down for about 10 minutes and then serve to eat.

### Activity 2 (Outcome 4.1, 4.2, 5.4)

#### Magic Milk Science Experiment

##### What you will need:

- milk                      - food colouring                      - plate
- dish soap              - cotton tips

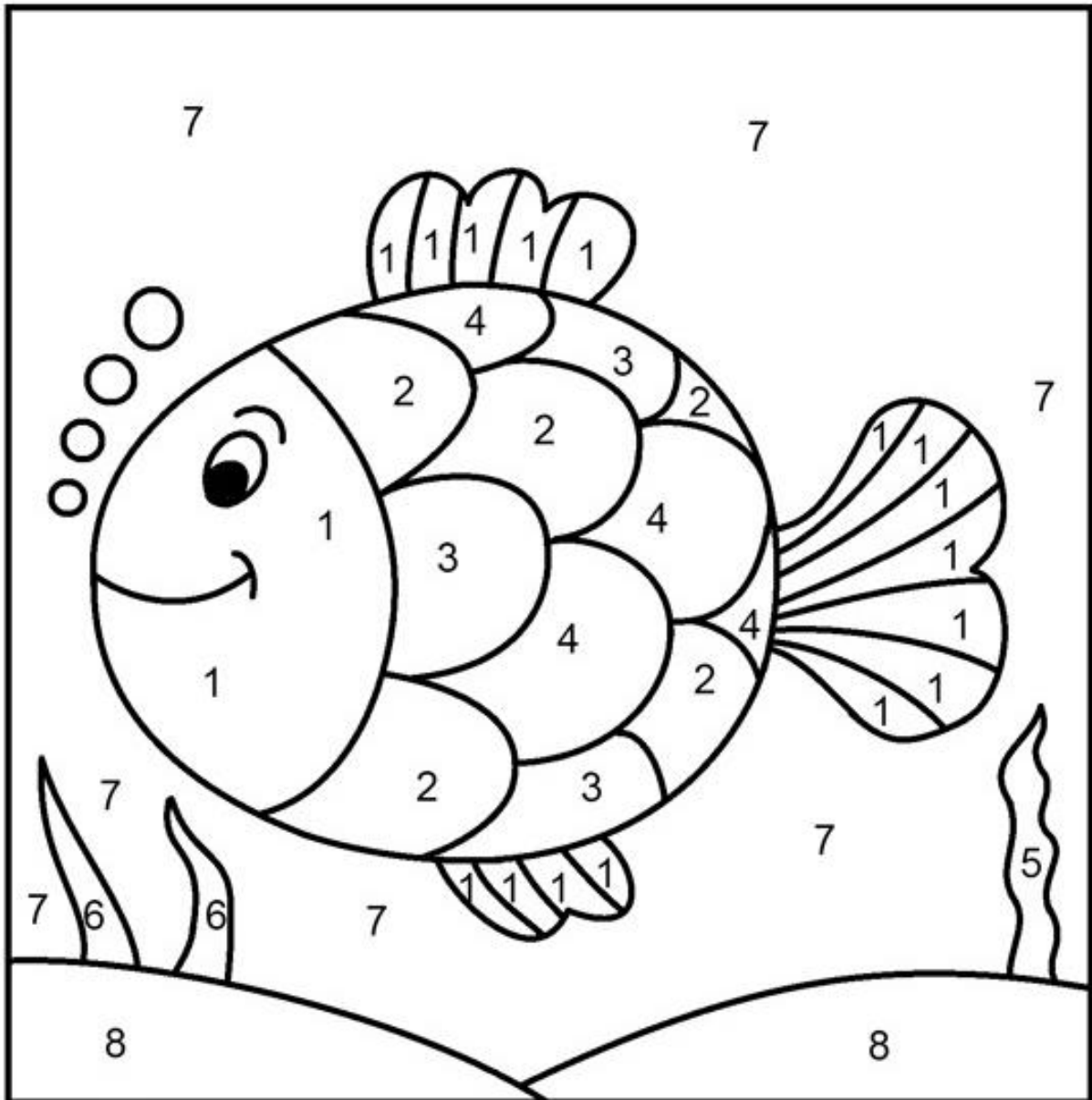
##### Instructions:

1. Pour milk into a plate or another flat bottom surface until it fills the bottom.
2. Fill the top of the milk with drops of food colouring.
3. Pour dish soap onto the cotton tip.
4. Gently touch the surface of the milk with the soapy cotton tip and watch the magic happen.

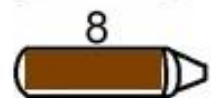
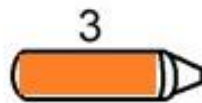
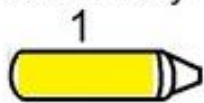


# COLOR BY NUMBER

## FISH

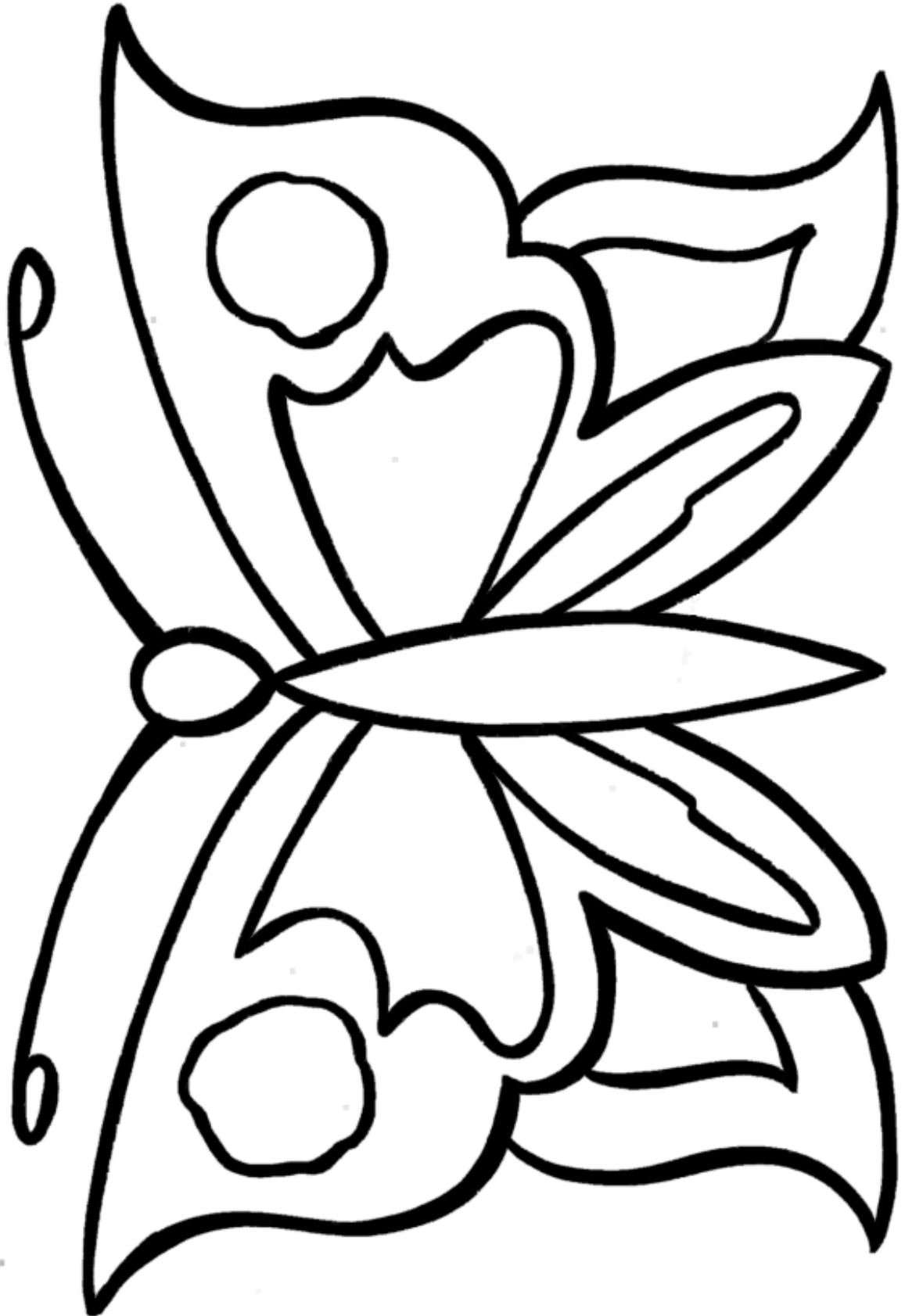


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Activity 4 (Outcome 4.1, 4.4, 5.4)

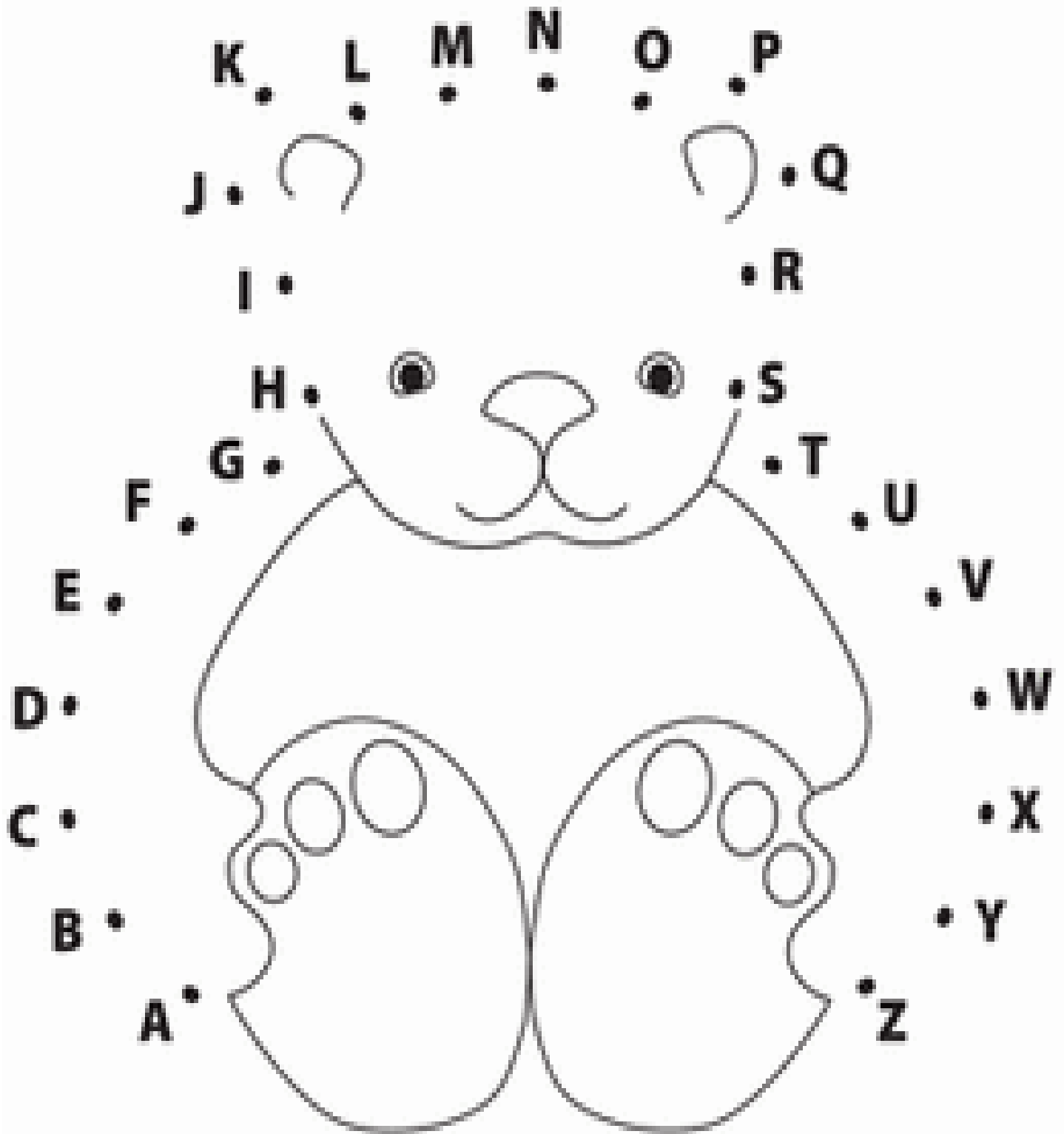
Colour in the butterfly.





Activity 5 (Outcome 1.3, 4.2, 4.3)

Connect the dots from A to Z to create a teddy bear.

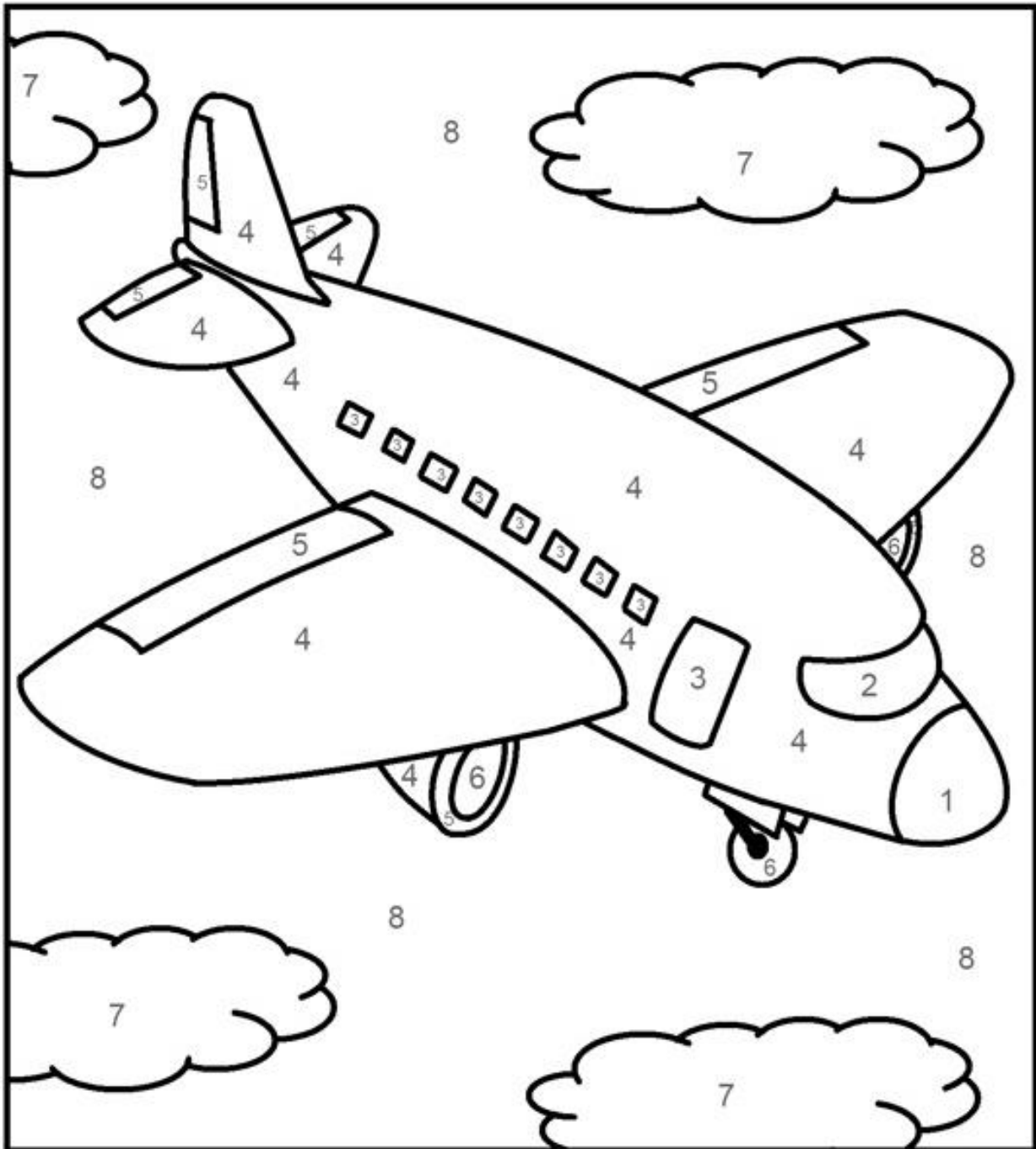


Activity 6 (Outcome 4.1, 4.4, 5.4)

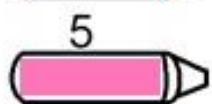
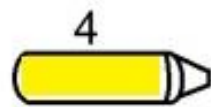
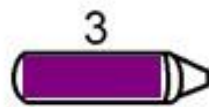
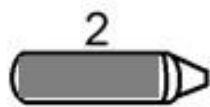
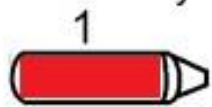
Colour in the daisy flowers.



# AIRPLANE

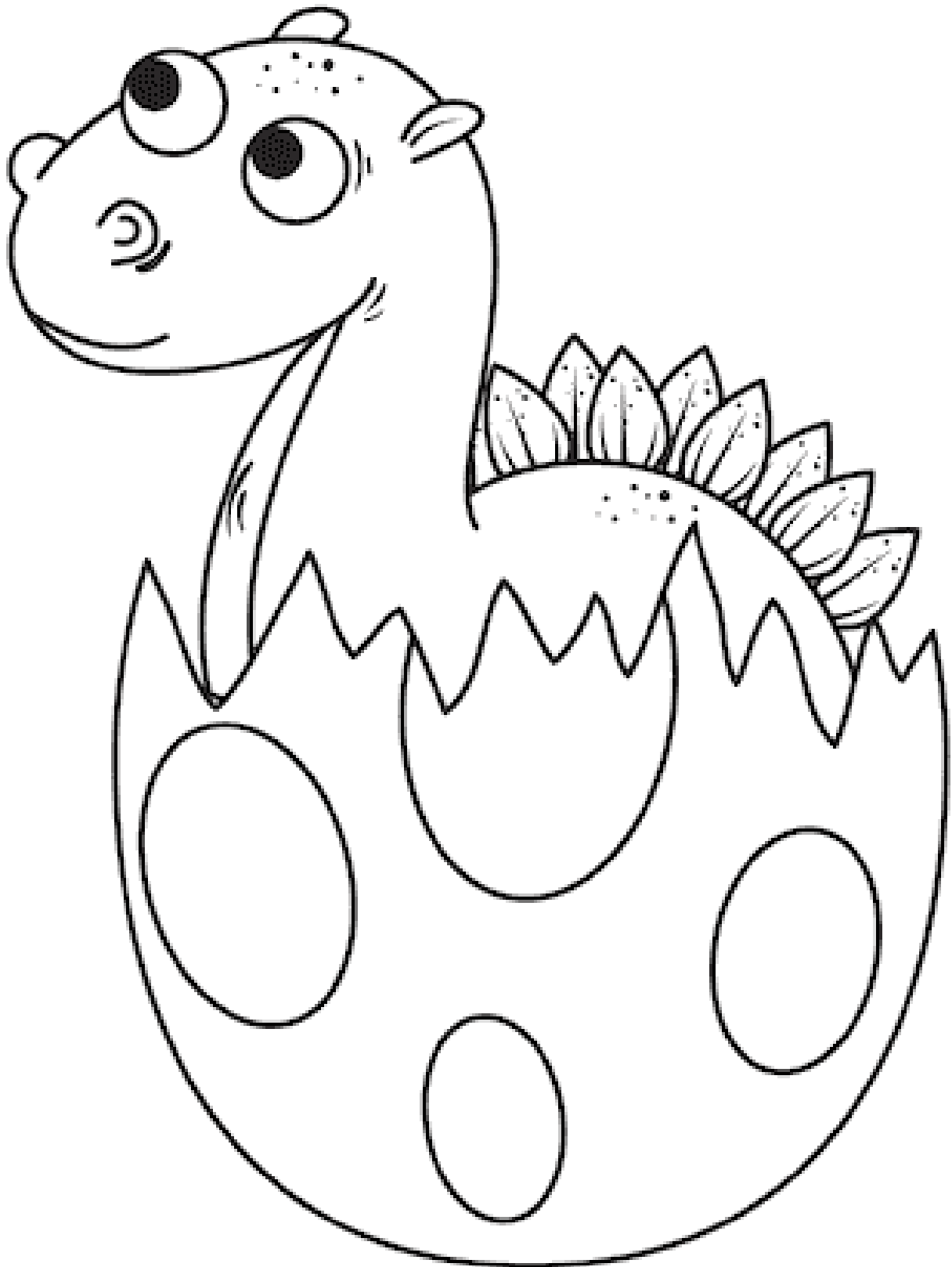


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Activity 8 (Outcome 4.1, 4.4, 5.4)

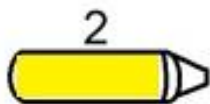
Colour in the dinosaur.



# VEGETABLES

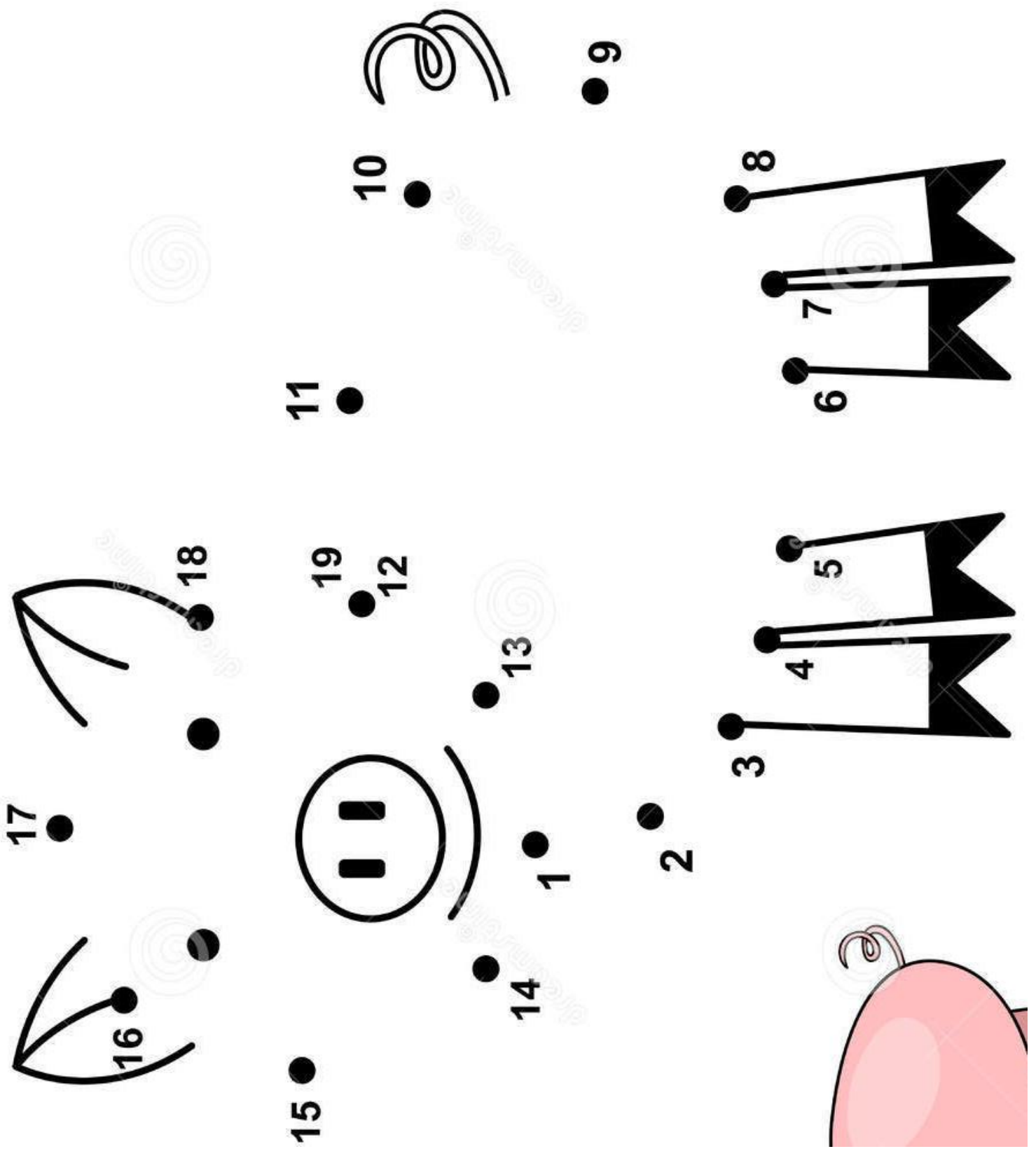


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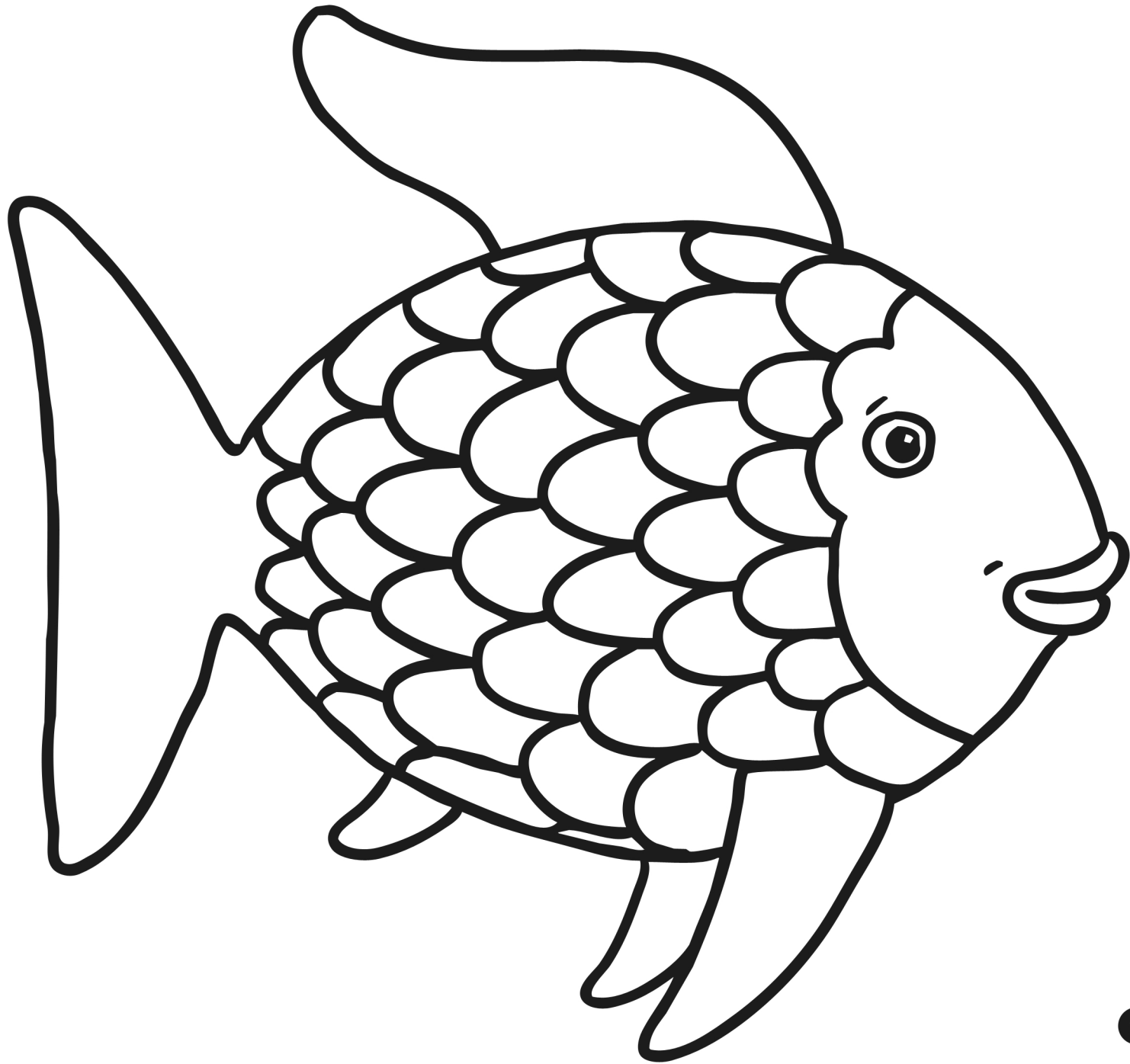


Activity 10 (Outcome 1.3, 4.2, 4.3)

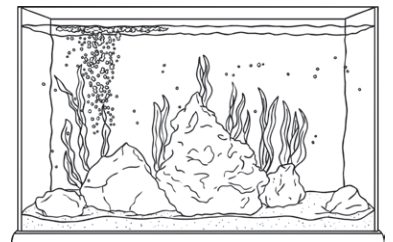
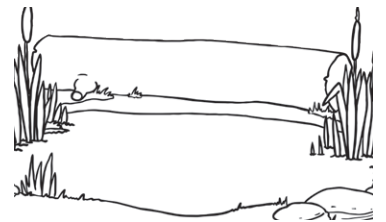
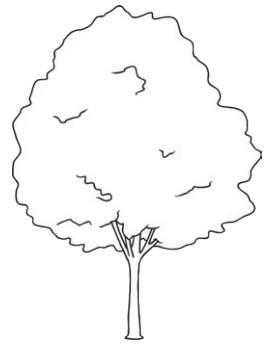
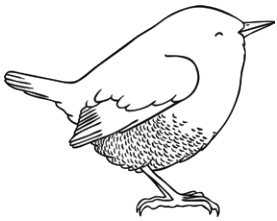
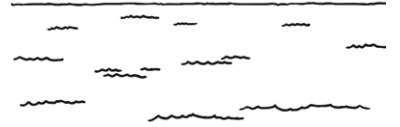
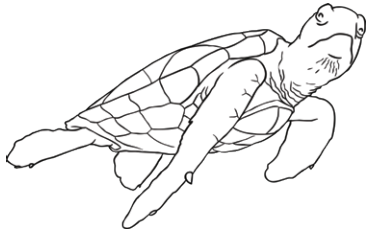
Connect the numbers 1 to 19 to create a pig.







Trace the lines to help the animals get home.



Trace the lines to help the animals get home.

