

Preschool – Learning from Home – Week 3

These suggested activities can be used to learn while playing at home. You do not need to do all the activities or worksheets, just do your best! You can contact Mrs Donaldson and Miss Jess on SeeSaw to share the learning happening at home and to ask any questions.

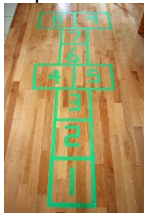


<p><u>Gross Motor (L.O 3.1, 3.2)</u> Online Yoga – Cosmic Yoga https://www.youtube.com/user/asmickidsyoga</p>	<p><u>Construction (L.O 3.2, 4.1, 4.4)</u> Bottle Bowling Gather empty plastic bottles and line them up like bowling pins. Find a round object at home to use as a bowling ball.</p>	<p><u>Creative Art (L.O 4.1, 4.4, 5.1)</u> Water Painting Make water paint using food colouring and water. Provide paintbrush and white paper to paint it with.</p>	<p><u>Fine Motor (L.O 4.1, 4.3)</u> Home Nail Salon Cut out cardboard boxes and trace hands on the top. Draw in nails. Use textas, crayons or nail polish to paint in the nails on the hands.</p>	<p><u>Music and Movement (L.O 3.2, 4.1)</u> Bottle maracas Fill up plastic bottles with rice about $\frac{3}{4}$. Twist the cap back on and tightly secure it with tape. Use textas to decorate the bottle. Start shaking it with music and dance!</p>
<p><u>Cooking (L.O 1.4, 4.4)</u> Easy Pancakes <u>Ingredients:</u> 2 eggs, 1 $\frac{3}{4}$ cup milk, 1 tsp vanilla essence, 2 cups self-raising flour, butter (for frying), maple syrup (for serving) <u>Instructions:</u> 1. Whisk egg, milk and vanilla together in a jug. Sift flour in large bowl and add sugar. Make a well in the centre and add milk. Whisk till all combined. 2. Heat a large non-stick pan over medium heat. Grease pan with butter or oil. Using $\frac{1}{4}$ cup mixture per pancake, cook 2 pancake for 2 mins or until bubbles appear on surface. Flip to the other side and cook for 1-2 mins. Repeat process for remaining batter. 3. Serve with maple syrup.</p>		<p><u>Fine Motor (L.O 1.2, 1.3, 4.3, 4.4)</u> Chopstick Challenge Provide a pair of chopsticks. Fill a plate with different items. Use the chopstick to pick up the items <u>Gross Motor (L.O 1.3, 3.1, 4.3)</u> Spoon Race Provide a spoon. Place a round item (rock, pebble, egg) on the spoon and attempt to balance it while walking in a straight line.</p>	<p><u>Science Experiment (L.O 1.4, 4.1)</u> Rain cloud In a clear jar, fill it with water about $\frac{3}{4}$. Add shaving cream on top to create clouds. Use blue food colouring to squeeze drops on top of the clouds. Watch as the food colouring disperses into rain in the jar.</p>	<p><u>Creative Arts (L.O 2.4, 4.1)</u> Nature Collage Collect different leaves and sticks in the backyard to create a nature collage. Use a glue stick to paste them onto a paper. Decorate further with colouring pencils, textas, crayons.</p>
<p><u>Construction (L.O 4.1, 4.2, 4.3)</u> Make a chatterbox Provide A4 paper, colouring pen or pencil and scissors Instructions: https://www.goodto.com/family/things-to-do/how-to-make-chatterbox-fortune-teller-543578</p>	<p><u>Dramatic Play (L.O 1.1, 2.1, 4.4)</u> Secret Hideout Set up a space creating a square using chairs. Cover the area with a large blanket or cover sheet. Add pillows and comforts underneath. Use a torch or lamp to provide light and tell a story.</p>	<p><u>Sensory (L.O 1.3, 4.2, 4.3)</u> Name writing In a flat tray or plate. Pour salt. Use your finger to write the each letter in your name one by one. (You can write your child's name on paper and place it beside the tray)</p>	<p><u>Environmental Sustainability (L.O 2.4, 4.1, 4.4)</u> Watering bottles and containers Use recycled water bottles and plastic fruit containers to water the garden. Use a pen to create holes on the bottom. Have your child hold the item above the garden and pour water in, watching it rain. (You can swap over to take turns)</p>	<p><u>Literacy (L.O 1.1, 5.2, 5.5)</u> Online story reading books by Famous People – Storyline Online https://www.youtube.com/user/StorylineOnline</p>

Preschool – Learning from Home – Week 4



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<p><u>Dramatic Play (L.O 4.3, 5.1)</u> Clothing Store Set up clothes, accessories, hats, bags etc... on a bench table and pretend to sell clothes. Create paper money and pretend to buy clothes with it.</p>	<p><u>Construction (L.O 4.1, 4.2)</u> Egg Cartons Use recycled egg cartons to build tall blocks and houses or something of your choice.</p>	<p><u>Sensory (L.O 1.4, 2.1, 3.2)</u> Blind Fruit and Vegetable Tasting Select different fruits and vegetables and cut them in half (carrot, banana, apple, cucumber, tomato, capsicum). Have your child close their eye and pick a fruit or vegetable to try. Engage in conversation with them about the taste and texture.</p>	<p><u>Fine Motor (L.O 1.2, 4.1, 5.4)</u> Pasta threading Provide a bag of penne pasta in a bowl. Use a string to thread the pasta through to create a necklace or bracelet or both.</p>	<p><u>Music and Movement (L.O 1.4, 2.3, 4.3)</u> Musical Chairs Line up chairs and play music to dance around the chairs, Every one sits down when the music stop. Each round a chair is taken out until there is a final winner.</p>
<p><u>Gross Motor (L.O 3.1, 3.2)</u> Online Kids Zumba Video 1: https://www.youtube.com/watch?v=y migWt5TOV8 Video 2: https://www.youtube.com/watch?v=FP0wgVhUC9w Video 3: https://www.youtube.com/watch?v=J MfWq_KotzE</p>	<p><u>Gross Motor (L.O 4.3, 5.3)</u> Number Hopscotch Using masking tape made 9 squares as shown in the picture.</p> 	<p><u>Sensory (L.O 4.1, 4.4, 5.1)</u> Rainbow Spaghetti 1. Boil a packet of spaghetti. In separate large Ziplock bags add drops of food colouring: red, yellow, blue. 2. Drain the cooked spaghetti and evenly distribute into each coloured Ziplock bag. Shake well and then empty each one out to remove food colour excess. Allow to dry for few minutes then add into a bowl to feel.</p>	<p><u>Cooking (L.O 3.2, 4.3)</u> Weetbix Slices Ingredients: 185g butter, 1 cup sugar, 2 Tbsp cocoa, 3 Weetbix (crushed), 1 cup plain flour, 1 cup shredded coconut, 1 tsp baking powder Instructions: 1. Preheat oven to fan bake 180 degrees. 2. In a large saucepan over low heat, melt butter, sugar and cocoa. 3. Take off heat then add Weetbix, flour, coconut and baking powder. Mix together. 4. Pour into a lined tray and press down firmly. Bake for 15-20mins until the slice feels soft to touch in the centre.</p>	
<p><u>Creative Arts (L.O 1.4, 4.4, 5.1)</u> Shoe box Create a pair of shoes using emptied tissue boxes. Decorate the box using colouring pencils, textas, crayons.</p>	<p><u>Fine Motor (L.O 1.3, 4.1)</u> Shape drawing Provide a paper and coloured pencils. Go around the house and collect different objects of different shapes. Trace them onto the paper, creating a shape collage.</p>	<p><u>Science Experiment (L.O 1.1, 4.2, 4.4)</u> Fizzy Colours In a tray or flat plate pour vinegar until it fills up the surface. Add in drops of food colouring. Use a spoon to sprinkle baking soda on the top. Watch as the colours start fizzing.</p>	<p><u>Creative Arts (L.O 4.1, 4.4)</u> Binoculars Using empty paper rolls to create a binocular. Place both rolls next to each other and tape it together. Create a hole on the side to attach a string to wear around the neck. Use colouring pencils, crayons and textas to decorate binoculars.</p>	<p><u>Creative Arts (L.O 4.1, 4.4)</u> Sticker Collages Provide assorted stickers. Create a sticker collage using them stickers on an A4 paper.</p>

Preschool Activity Booklet 1

Activity 1 (Outcome 5.5)

<https://www.yapigames.com/014/games/> - this website offers a variety of games as well as activities for the children to engage in.

Activity 2 (Outcome 3.2, 4.4, 5.1)

Mini Quiches (makes 16-20 quiches)



Ingredients:

- 8 large eggs
- 2 cups whole milk
- $\frac{3}{4}$ teaspoon of salt and pepper
- 1 cup of grated cheddar cheese
- $\frac{1}{2}$ cup of diced tomatoes

- canola oil spray

Instructions:

1. Preheat oven to 180 degrees and spray canola oil spray onto the muffin pans.
2. Whisk together the eggs, milk, cheese, tomatoes, and salt. Add pepper to taste. Divide mixture to fill up the cupcake tins evenly, making about 16 to 20.
3. Bake for 20-25 minutes until the filling is set.
4. Cool down the quiches in the muffin pans for 5 minutes then transfer onto a cooling rack.
5. Serve on plate.

Activity 3 (Outcome 4.1, 4.2, 5.4)



Rainbow Walking Water

Science Experiment

What you will need:

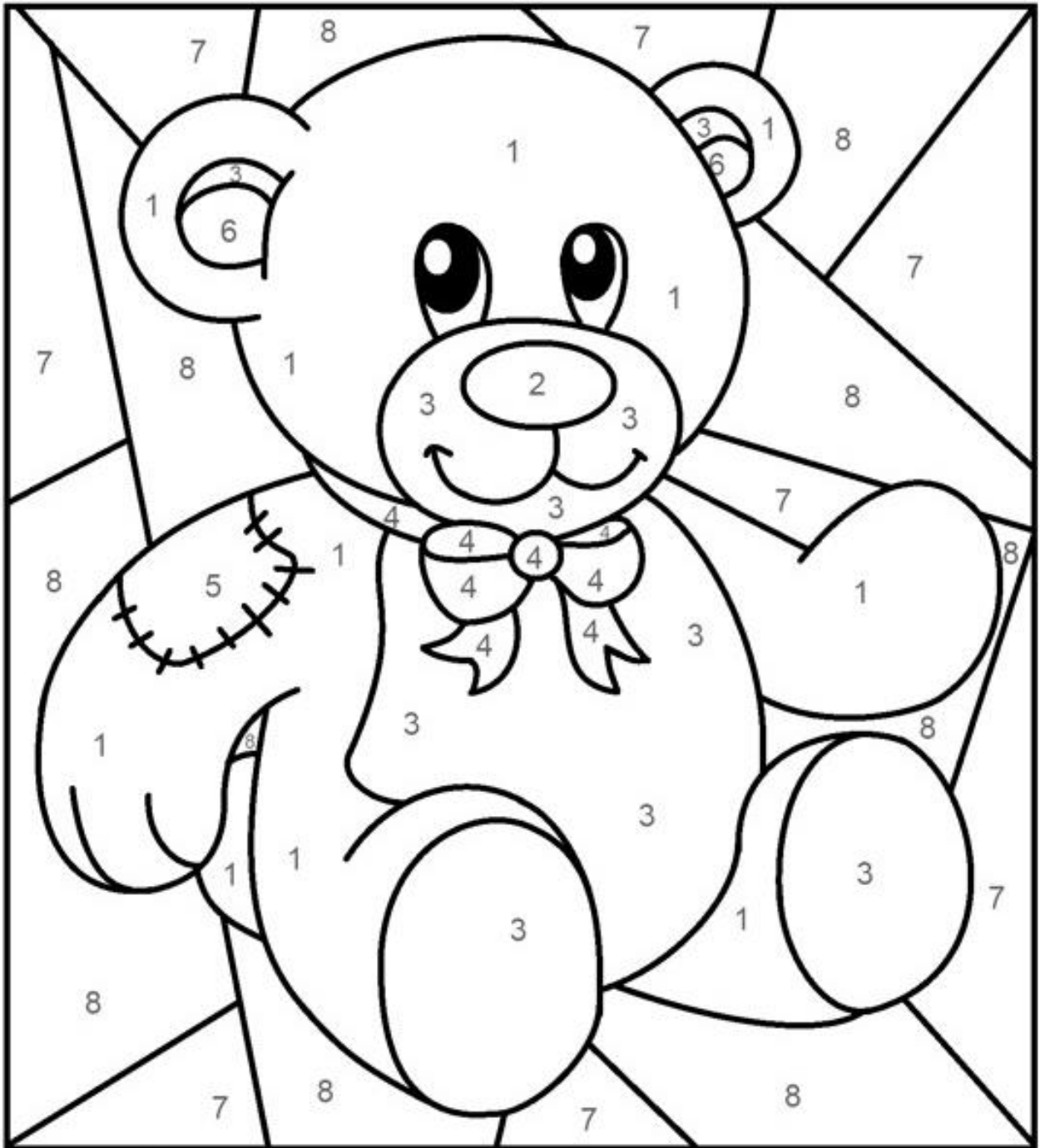
- small plastic cups or glasses

- paper towels
- food colouring
- water

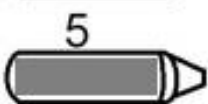
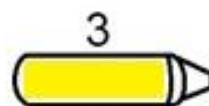
Instructions:

1. Place 7 cups in a row and pour $\frac{3}{4}$ of water into the 1st, 3rd, 5th and 7th cup.
2. Add 5 drops of red food colouring to the 1st and 7th cup.
3. Add 5 drops of yellow food colouring to the 3rd cup.
4. Add 5 drops of blue food colouring to the 5th cup.
5. Take a sheet of paper towel and fold it in half lengthwise and in half again.
6. Trim the length of the paper towel to fit into the cup size.
7. Place one half of the folded paper towel into the 1st cup and place the other half into the next cup. Continue this process until all paper towels have been draped over in between each cup up to the 7th cup.
8. Now watch the process of the coloured water begin to crawl up the paper towel.

TEDDY BEAR

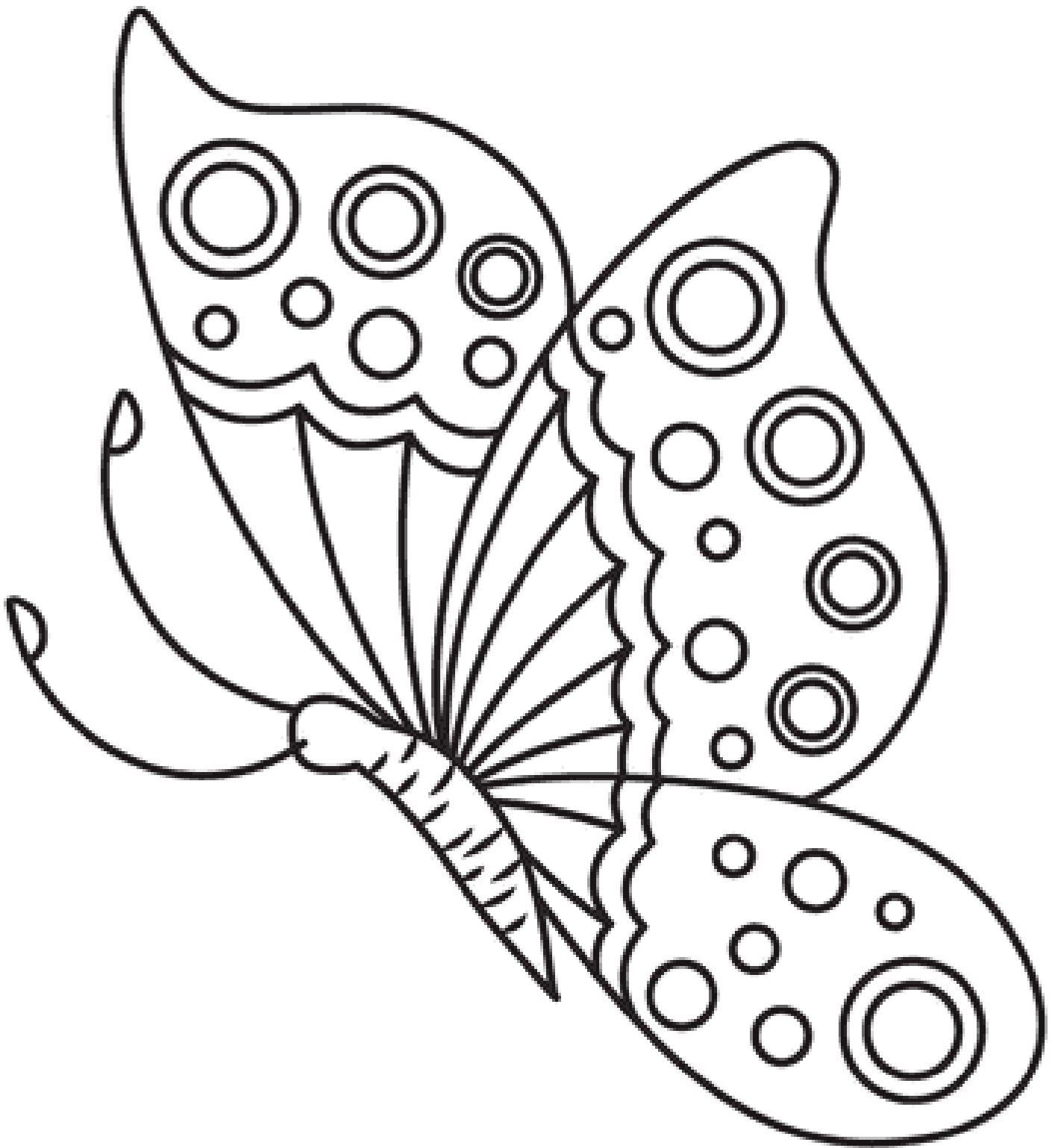


Color Key



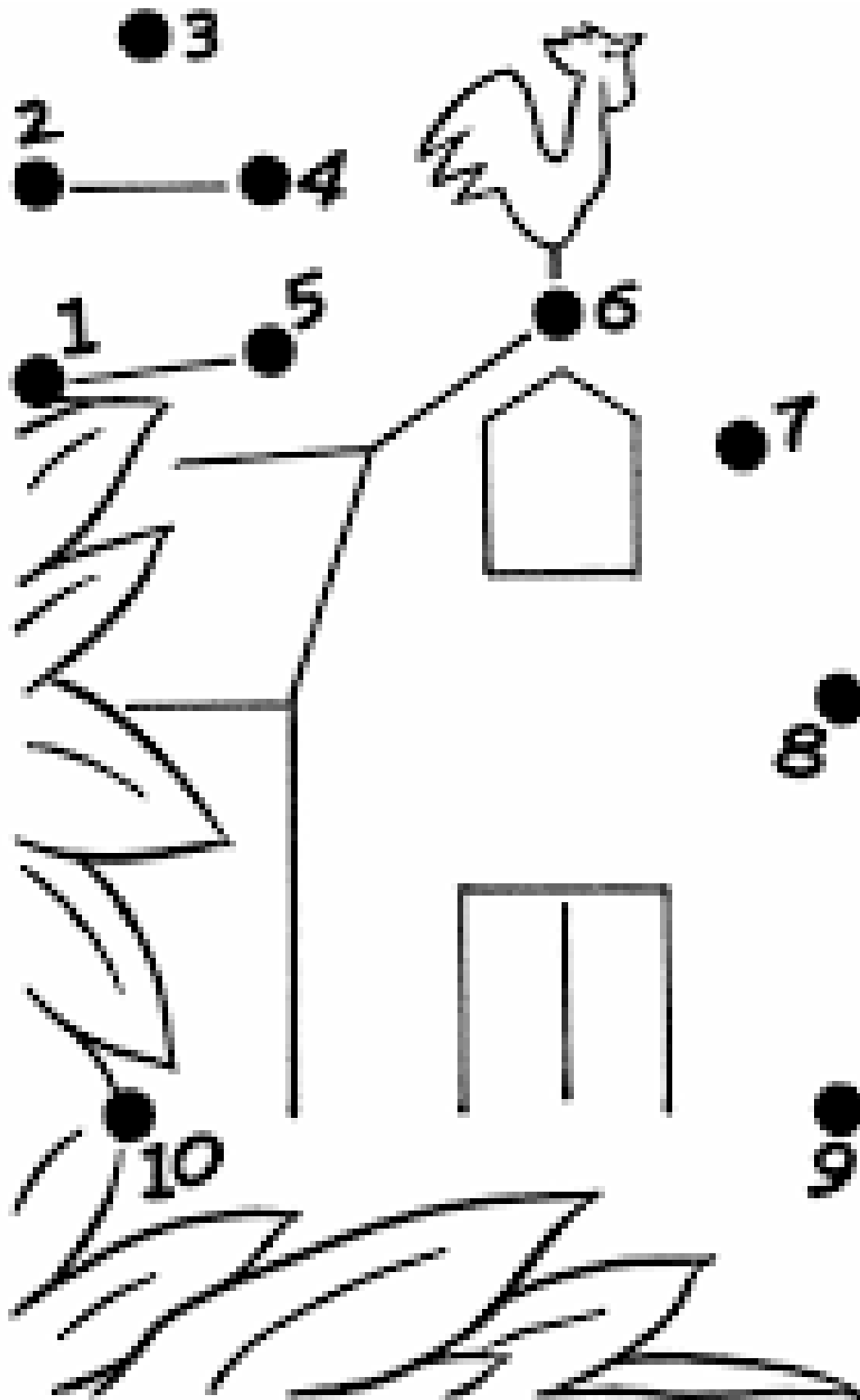
Activity 5 (Outcome 4.1, 4.4, 5.4)

Colour in the butterfly.



Activity 5 (Outcome 1.3, 4.2, 4.3)

Connect the dots from 1 to 10 to create a barn.

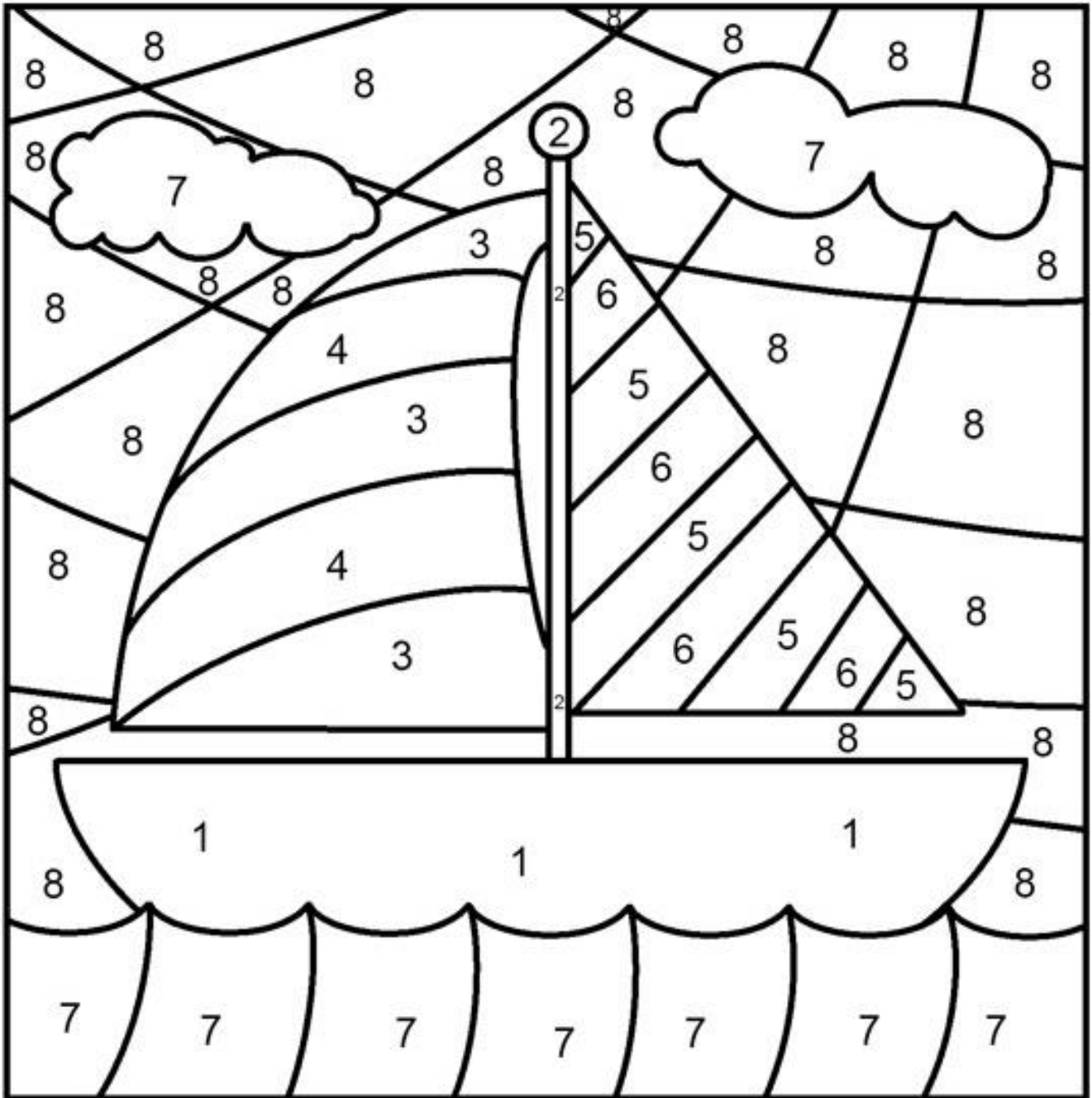


Activity 6 (Outcome 4.1, 4.4, 5.4)

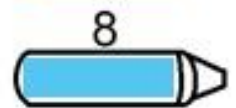
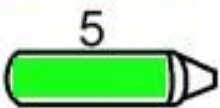
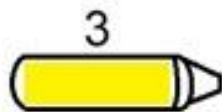
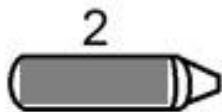
Colour in the cat.



BOAT

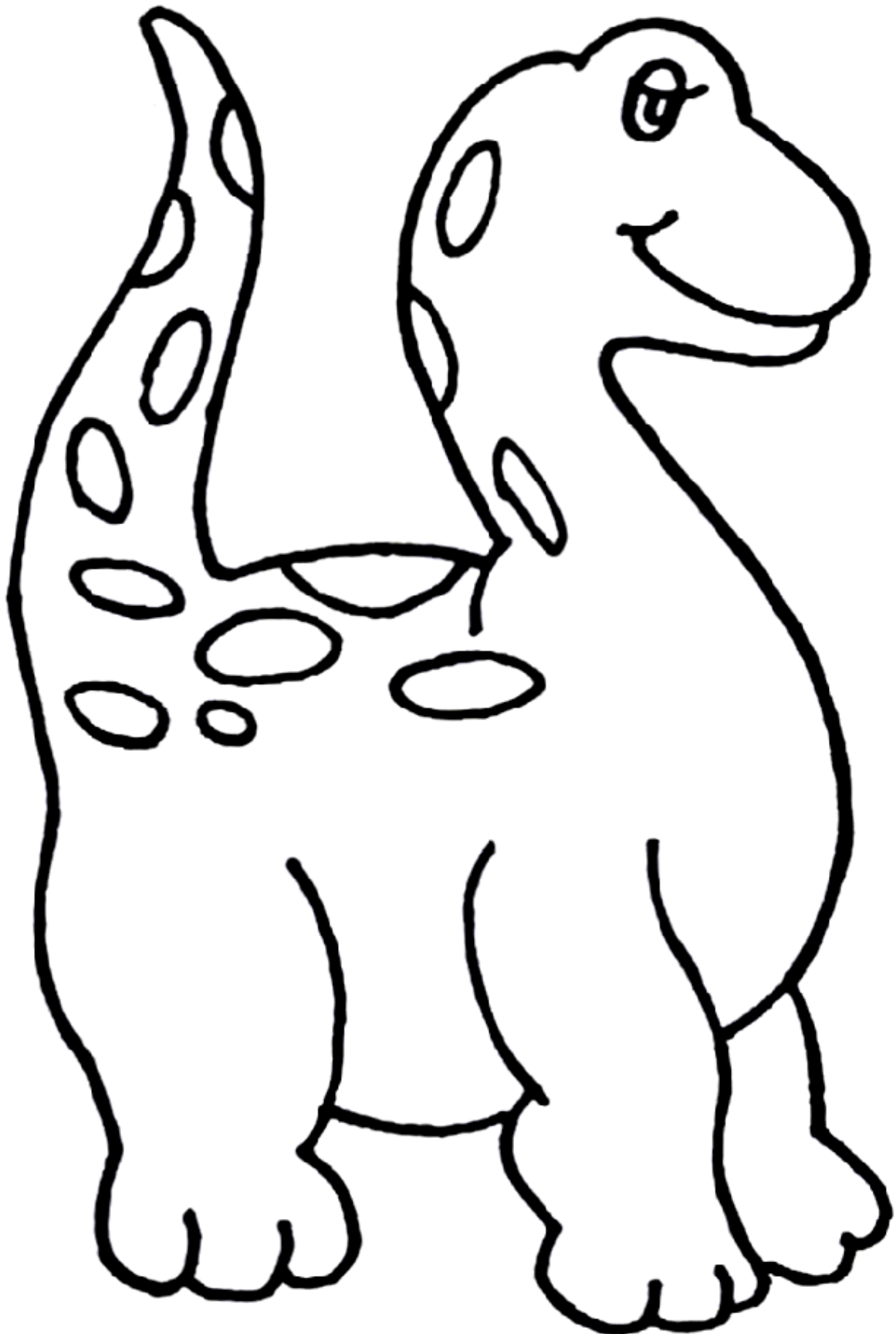


Color Key



Activity 8 (Outcome 4.1, 4.4, 5.4)

Colour in the dinosaur.



Activity 9 (Outcome 4.1, 4.4, 5.4)

Colour in the dog.



Activity 10 (Outcome 1.3, 4.2, 4.3)

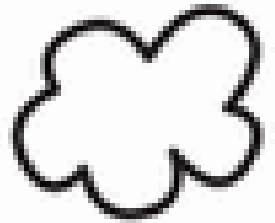
Connect the letters A to T to create a truck.



M



N



O

P

H

I

G

L

Q

F



K

T

B

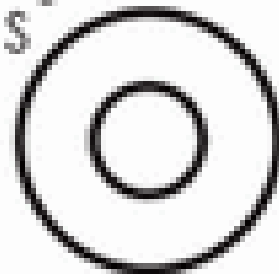
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Preschool Activity Booklet 2

Activity 1 (Outcome 3.2, 4.4, 5.1)

Honey Joys



Ingredients:

- 90g butter or margarine
- 1/3 cup of sugar
- 1 tablespoon of honey
- 4 cups of Kellogg's Corn Flakes

Instructions:

1. Preheat oven to 150 degrees.
2. Line 24 hole patty pan with cupcake cases.
3. Melt butter, sugar and honey together in a saucepan until frothy.
4. Add Kellogg's Corn Flakes and mix well.
5. Use a spoon to quickly scoop the mixture into each cupcake case.
6. Bake in a slow oven for 10 minutes.
7. Cool down for about 5-10 minutes and then serve to eat.

Activity 2 (Outcome 4.1, 4.2, 5.4)

Magic Pepper and Soap Science Experiment

What you will need:

- pepper
- plate or bowl
- dish soap
- water

Instructions:

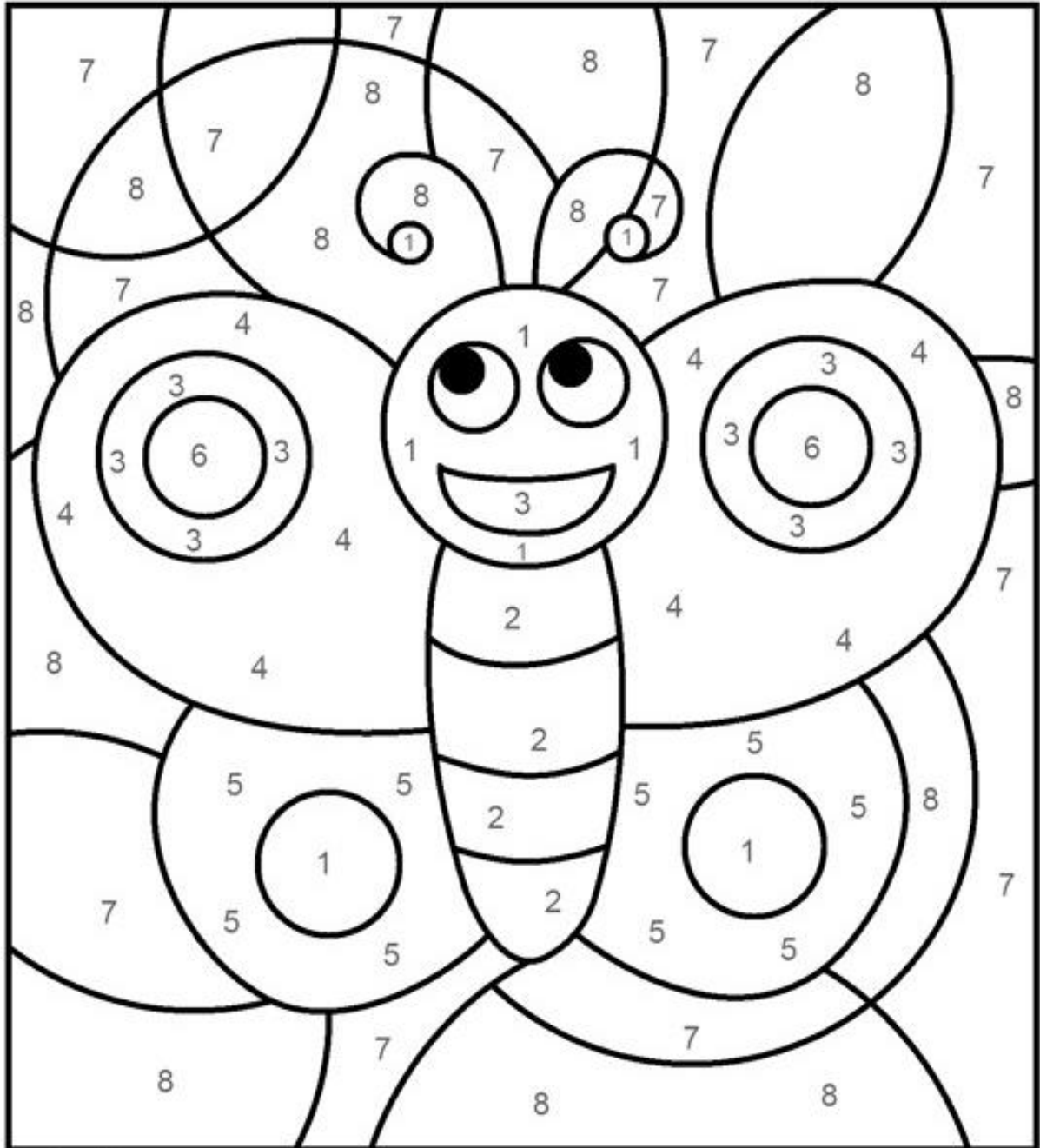
1. Pour some water onto a plate or bowl. You want it to cover a large part of the plate.
2. Sprinkle some pepper onto the surface of the water.
3. Dip your finger into the dish soap then into the water with the pepper.
4. Watch as the pepper quickly scatters to the outskirts of the plate in the water.

PEPPER AND SOAP science experiment

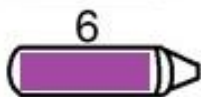
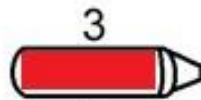
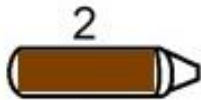
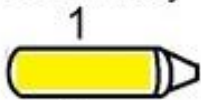


Activity 3 (Outcome 1.2, 4.2, 5.4)

BUTTERFLY



Color Key



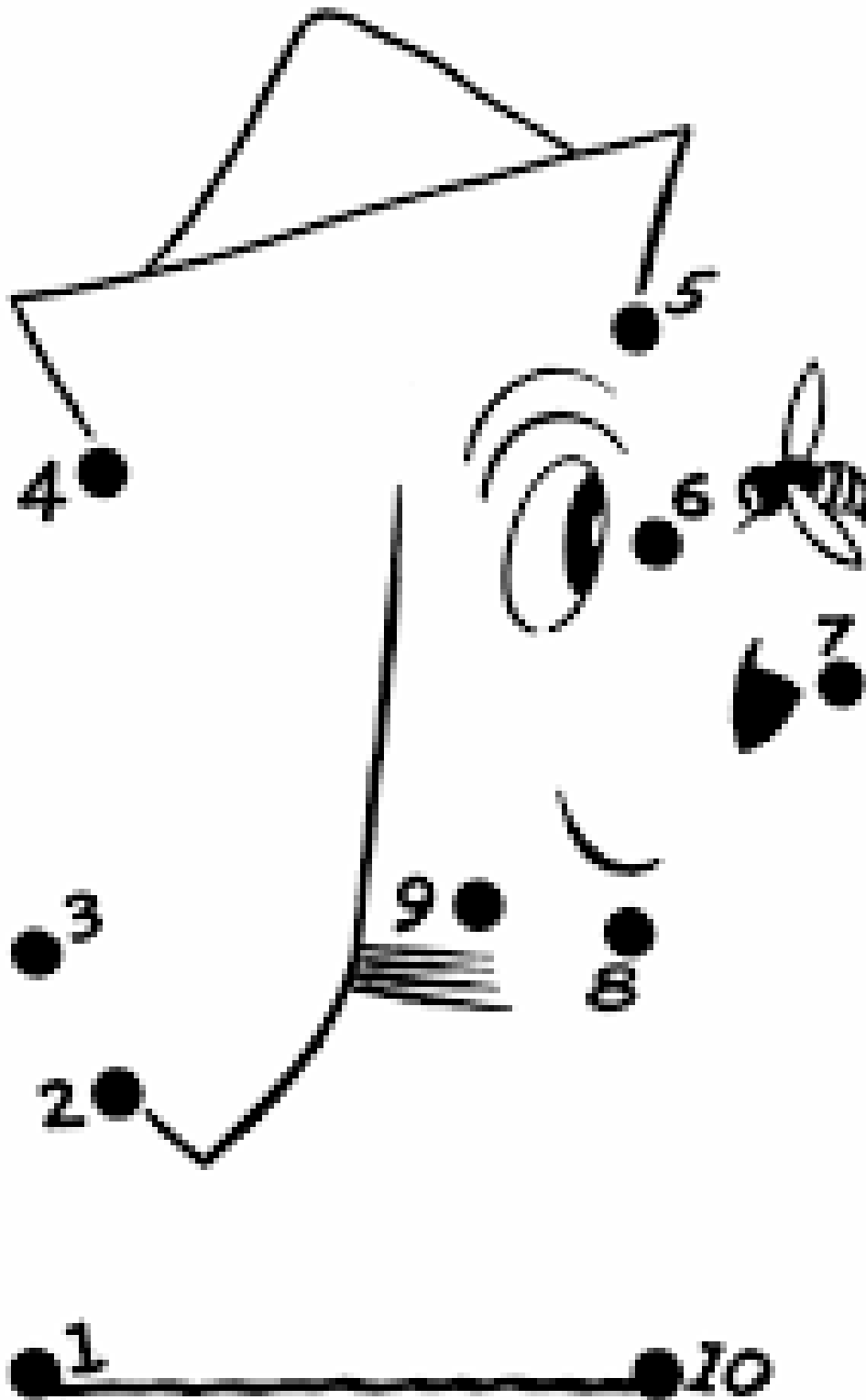
Activity 4 (Outcome 4.1, 4.4, 5.4)

Colour in the cat.



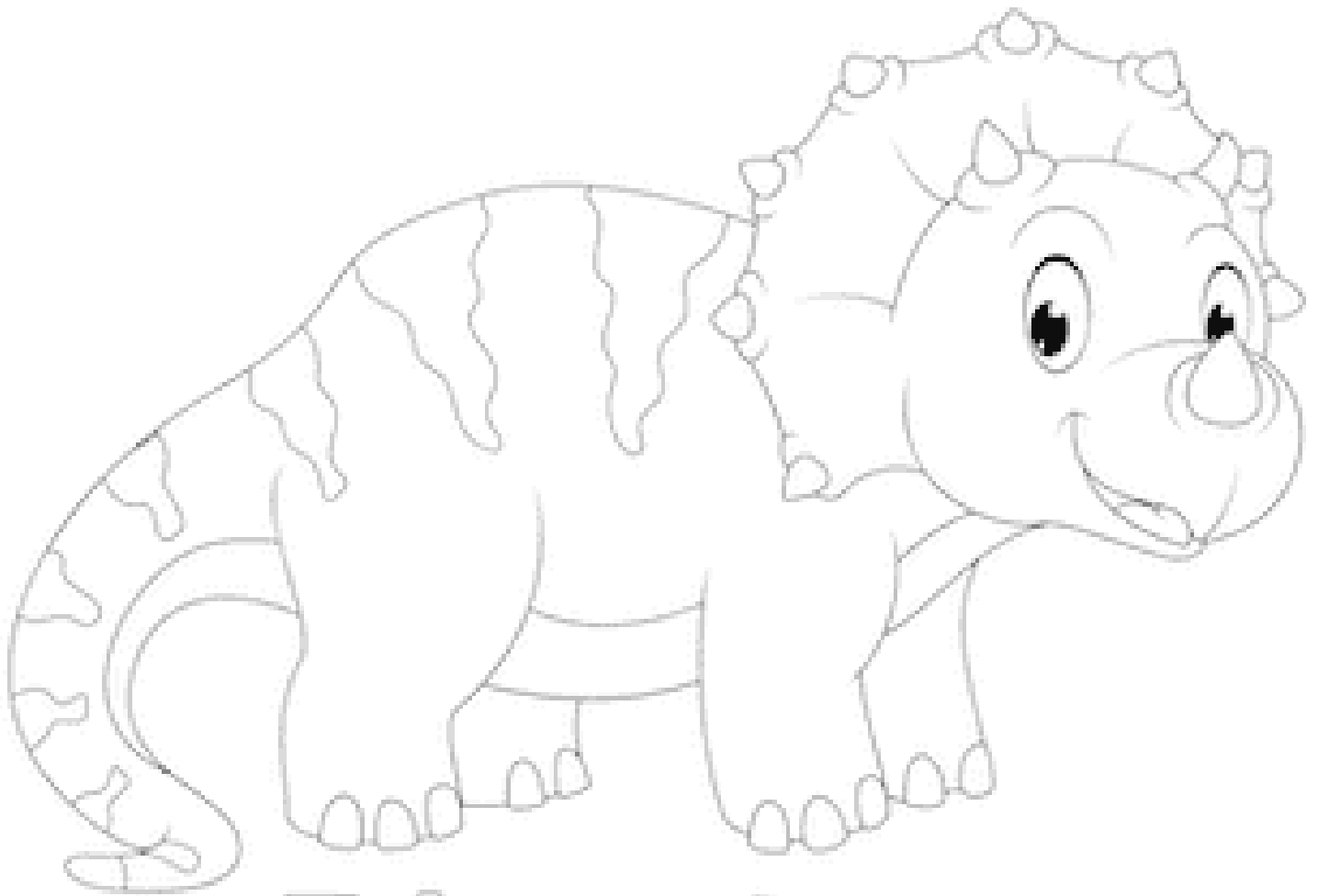
Activity 5 (Outcome 1.3, 4.2, 4.3)

Connect the dots from 1 to 10 to create a dog.



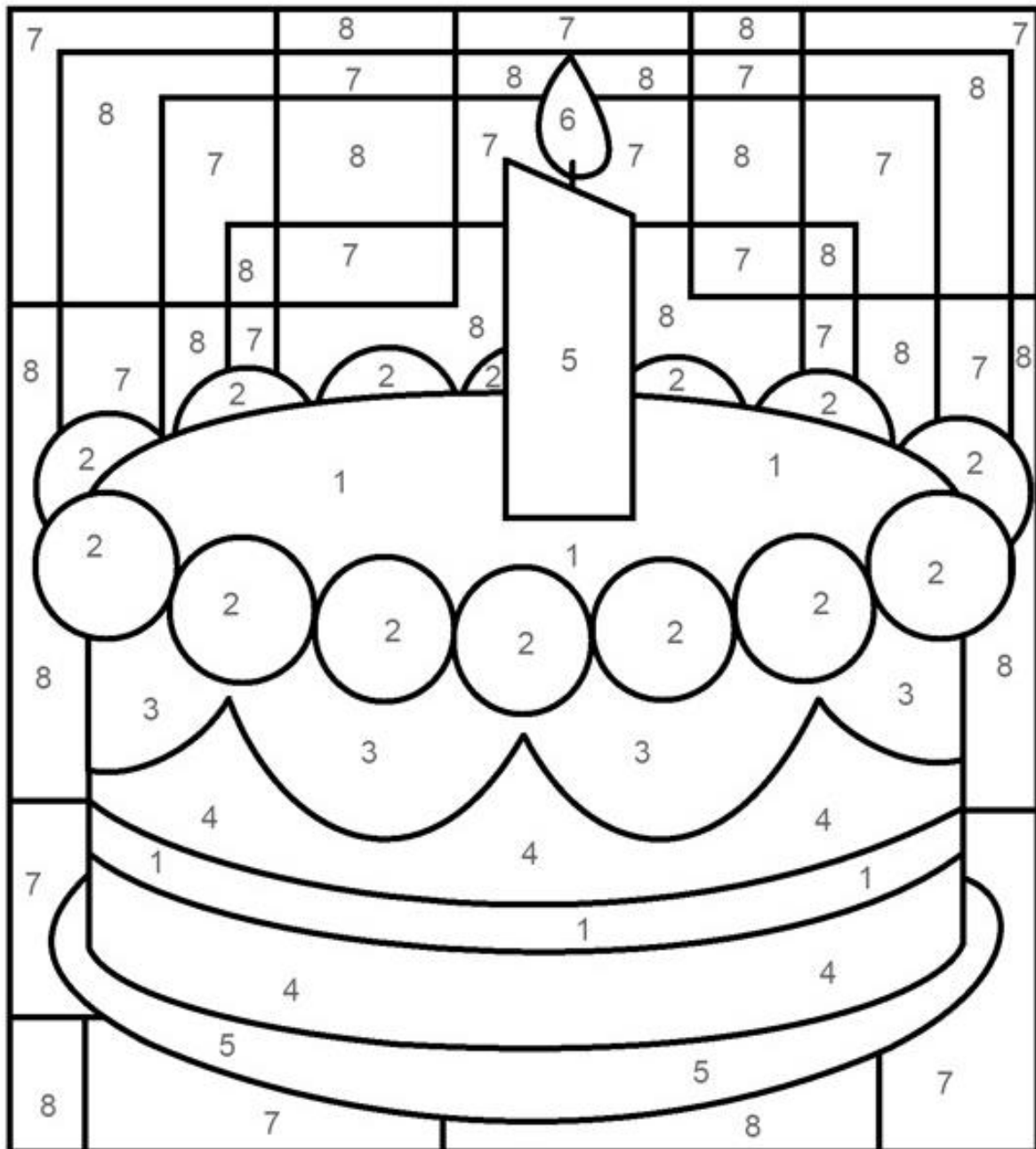
Activity 6 (Outcome 4.1, 4.4, 5.4)

Colour in the triceratops.

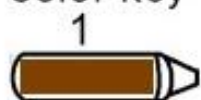


Triceratops

BIRTHDAY CAKE

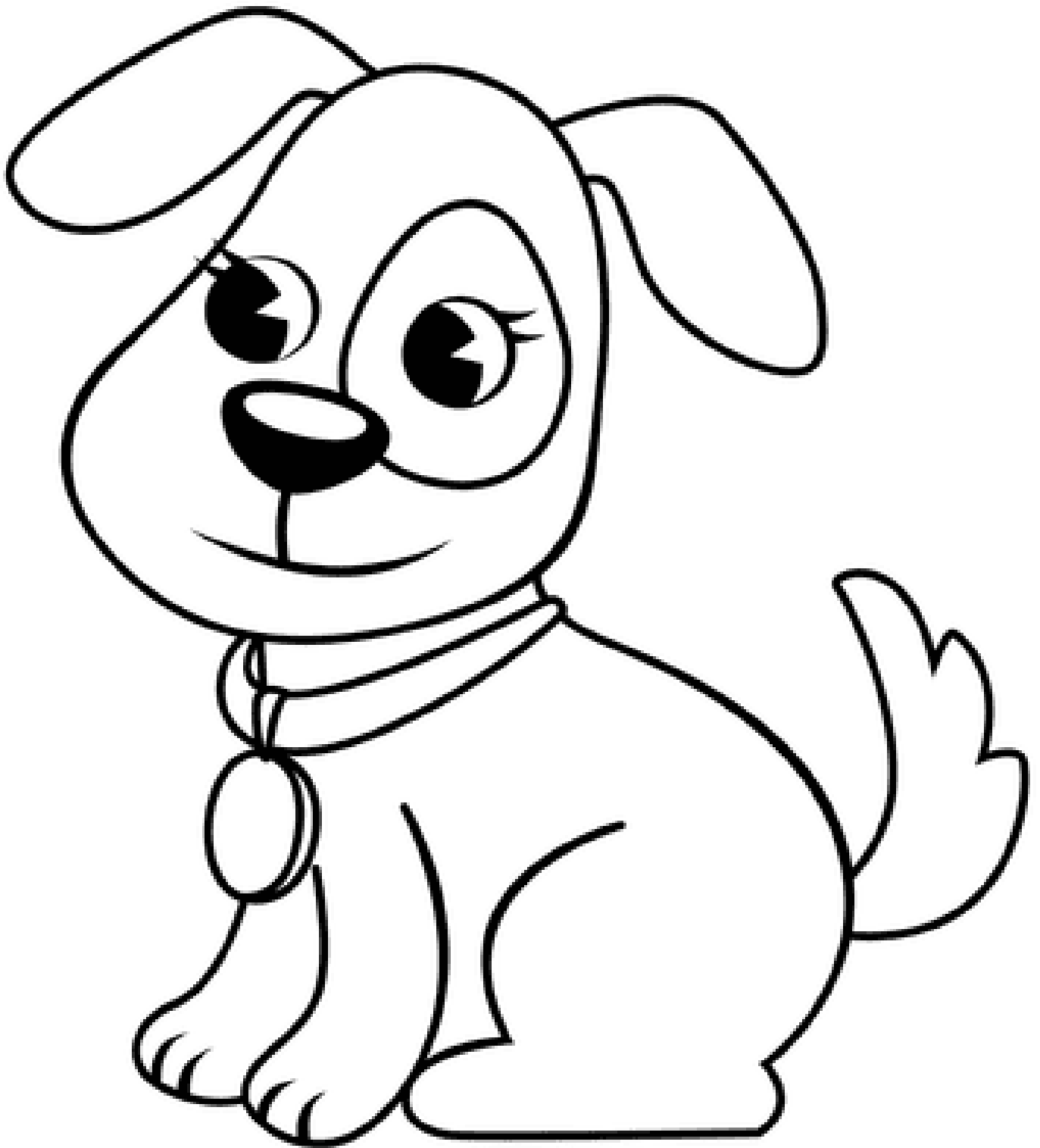


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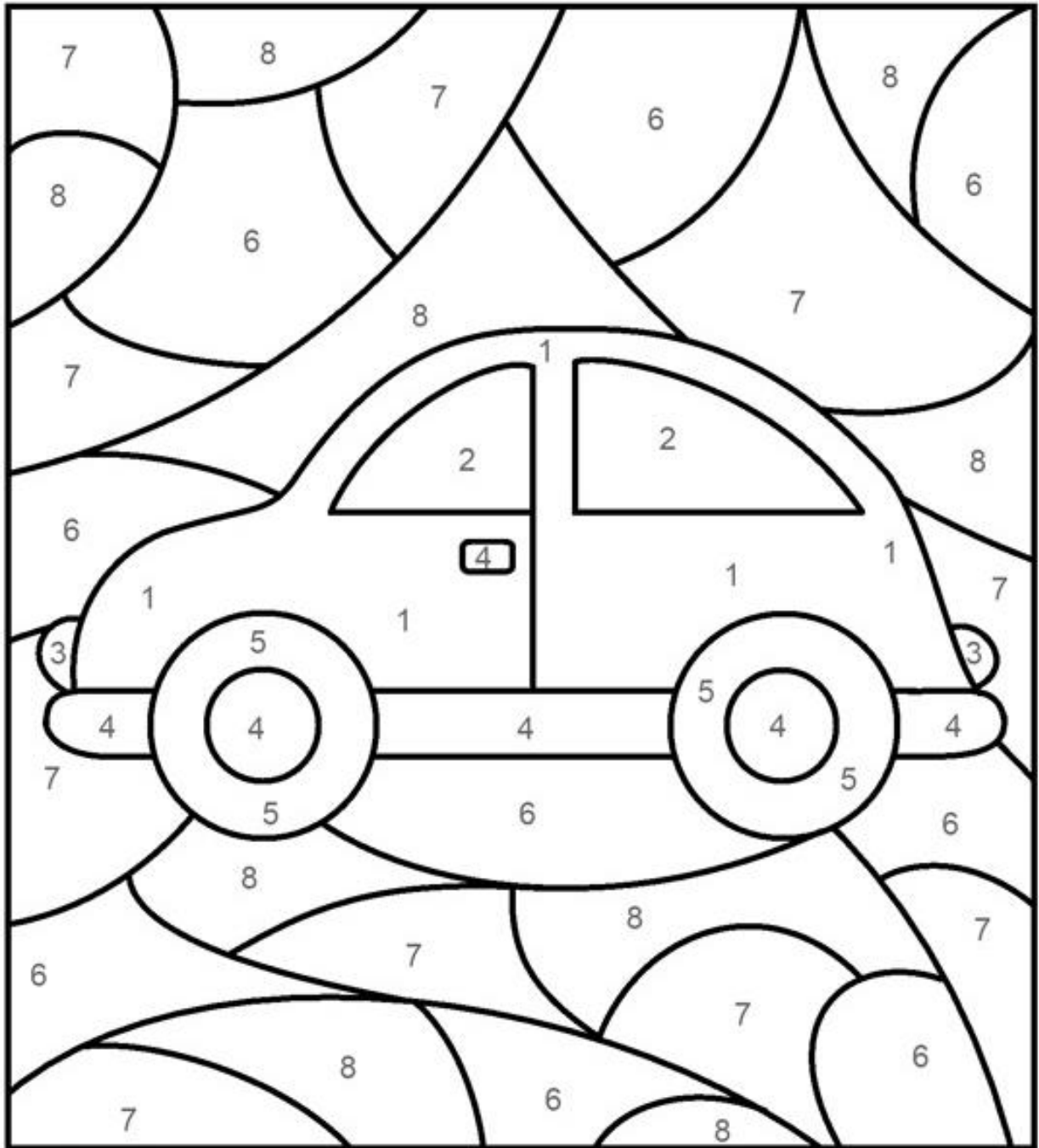


Activity 8 (Outcome 4.1, 4.4, 5.4)

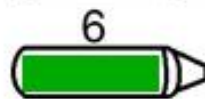
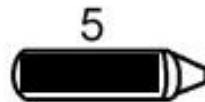
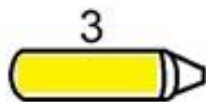
Colour in the dog.



COLOR BY NUMBER CAR



Color Key



Activity 10 (Outcome 1.3, 4.2, 4.3)

Connect the dots from 1 to 16 to create a whale.

